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SPARTAN CINEMA

Now Showing

ELHS CLASS OF 2023

AEGIS

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East Longmeadow Walk of Fame

Janis Clini cares. About her work. About her students. About her colleagues. When students talk about her, they talk about how much they love her, about how much she cares about them. As she greets them personally as they enter the door each day, she knows if something is off with one of them. She senses it and talks to them. But class with Mrs. Clini is not all about students' feelings. She's been known to stay into the wee hours of the afternoon–long after most teachers have left the building–to work with a student. "She cares more about your understanding," one former student said about her, "than the grade you'll get."

"She's almost like a guidance counselor within a math teacher," one student said. Mrs. Clini was a phenomenal math teacher and we will miss her. The graduating class of 2023 is happy to dedicate this year's aegis to Mrs. Janis Clini!

"We're All In This Together"

-High School Musical

EAST LONGMEADOW HIGH SCHOOL MUSICAL

PRODUCTION
DIRECTOR
CAMERA
DATE
TAKE

6 7 8 9

Coming Soon to Spartan Cinema...

East Longmeadow Walk of Fame	rated PG-1	Up-and-Coming Talent- Coming Spring 2025	rated PG-95
Behind the Scenes	rated PG-5	Supporting Actors- Coming Spring 2026	rated PG-103
Now Showing... SENIOR YEAR!	rated PG-6	Directors	rated PG-111
Meet the Stars!	rated PG-8	Spartan Cinema Clubs	rated PG-117
Red Carpet Looks	rated PG-66	Spartaritaville!	rated PG-136
ELHS Award Show	rated PG-68	Movie Sponsors	rated PG-138
Praise for the Stars	rated PG-73	*Action!* ft. the Athletes of ELHS	rated PG-153
Rising Stars- Coming Spring 2024	rated PG-87	Bonus Scenes	rated PG-181

Behind The Scenes

Daniel Myers
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Sophia Bellucci
Editor-In-Chief

Allyson Voight
Sports Editor

Julieann Voight
Sports Editor

Olivia Helberg
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Morgan Martin
Design Editor

Mia Meccia
People Editor

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Design Editor

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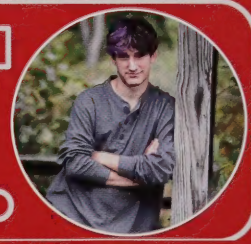
Gianna Alves
Business/Personal Ad Staff



Ryan Clay
People Editor

Isabella Hannigan
Business/Personal Ad Staff

Nylah McCloud
Business/Personal Ad Staff

Lizbeth Padilla
Photography Staff

Cody Robb
Photography Staff

Now Showing... Senior Year 23

As you flip through the pages, you'll see the class of 2023 and who they have become. Contained within these pages are some of the memories and events that will remain with the class forever. It also highlights our underclassmen as they continue their journey toward senior year. So get comfortable and enjoy looking back!

Producers

Treasurer

President

Vice President

Member at Large

Secretary

Gage Abdelmaseh

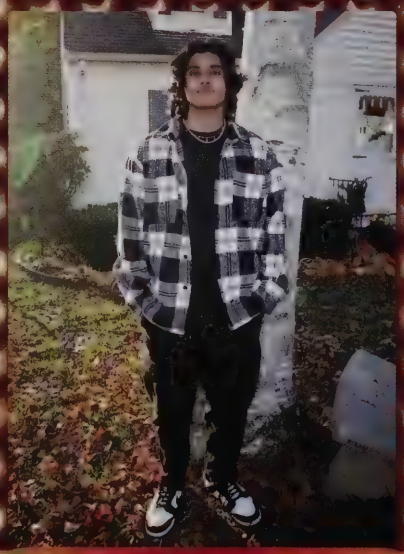
"Smile, nod, agree and do whatever you were going to do anyways."

Football 1; Basketball 1,2

Samantha Ahlberg

"I don't know what my future holds, but the world is wide and I want to make some memories."
-Donna (Meryl Streep) from Mamma Mia

Volleyball 1,2,3,4; Women's Empowerment Club 3,4; Multicultural Club 4; Band 1,2,3



Abdullah Ahmad

"Me vs Myself" (4/16/18 - 7/21/21)

Basketball 1,2,3,4; Pink Ribbon Club 3,4

James Aiello

"If I did it, I don't remember."

Football 2; Lacrosse 4

Hagar Alkabbani

"You can't move forward without saying goodbye to the past"

Gabriel Allsop

"Concushins rnt reel" -I don't remeber

Football 1,2,3,4 (Capt.); Baseball 1,2,3,4

Gianna Alves

"I don't know where I'm going, but I'm going."

Field Hockey 1; Chorus 3; Med-Sci Club 2
GSA 2

Emmanuela Anwuzia

"Invested in myself, call me black owned."

Track & Field 2,3,4; Indoor Track 4
Key Club 1,2,3,4; Math Team 2
Environmental Club 4; Business Club 2,3,4
Multicultural Club 2,3,4
Women's Empowerment Club 3,4

Grace Arillotta

"Be confident, be brave. And a lie will avoid social settings. Eat up y'all."

Aidan Asher

"that's what" -She

Hockey 1,2,3,4 (Capt.); Golf 3,4 (Capt.)

Khlood Awan

"Stand for something or die in the morning." -Kendrick Lamar

POC Committee 2,3,4; Equity and Inclusion Committee 3; Multicultural Club 3,4; Women's Empowerment Club 3,4; ELHS Hiring Committee 3

Kayla Baldyga

"The road is long, we carry on, try to have fun in the meantime." -Lana Del Rey

Pink Ribbon 1

Liam Barry

"How big would you dream, if you couldn't fail?"

Soccer 1; Football 3,4; Lacrosse 1,2,3,4

Anthony Bearse-Medina

"U.. U.. U.. pesce. You know what it mean?"

Stephen Beauzile

Stephy Lourdes Beauzile

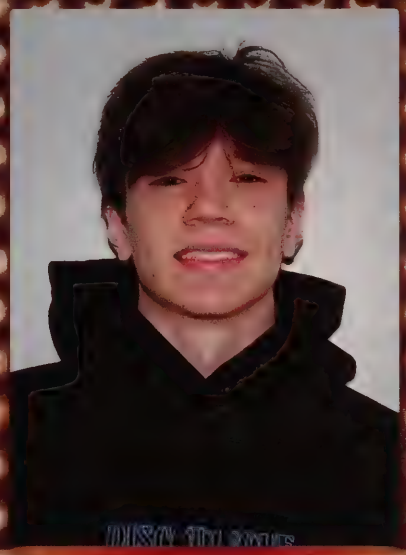
"Chemically speaking, you're made of the stuff of stars. Couldn't you be one?"

Orchestra 1,2,3

Sophia C. Bellucci

"Do something worth remembering."
-Elvis Presley

Soccer 1; Women's Empowerment Club 2



Joseph Bernazki

Caitlyn Biffinger

"Live your best life to your full potential."

Benjamin Biggins

"Just keep swimming." -Dory

Soccer 1,2,3,4 (Capt.); Key Club 2
Pink Ribbon Club 3

Luke Blanchard

Sara Bolton

"There are no regrets in life. Just lessons."
-Jennifer Aniston

Pink Ribbon Club 1,2,3,4; Med-Sci Club 3,4
Key Club 2,3,4

Anthony Bordoni

"Fake people have an image to maintain, real people just don't care."

Julia Boucher

"Maybe it's okay to still be a kid every once in awhile." -Percy Jackson

Indoor Track 1,2,3,4; Track & Field 1,2,3,4
Women's Empowerment Club 1,2,3,4 (President)
Student Council 1,2,3,4 (President); Key Club 1,2,3,4; School Committee Advisory Board 2,3,4
NHS 3,4; Band 1

Frederick Bouffard

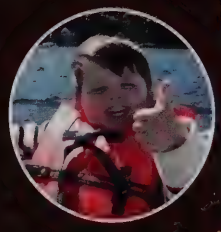
"Good Luck!"

Best Buddies 3

Ava M. Boutin

"Make the friendship bracelets, take the moment and taste it, you've got no reason to be afraid." -Taylor Swift

Key Club 2



Cade Boydston

"Be a dawg!!!" -Tanner McTaggart

Football 1,2,3,4; Basketball 2,3,4

Jameson Bradley

"Shake N' Bake" -Ricky Bobby

Baseball 1,2,3; Golf 1,2

Nicholas Bradley

"I'd rather die before I come in last."
-Playboi Carti

Soccer 1,2,3,4

Abbey Brunette

"Being the best at whatever I do, that's sounding on brand." -Lalisa Manoban

Basketball 1,2; Key Club 1,2,3,4
Women's Empowerment Club 1,2,3,4

Roshna Bush

"In life many things can go wrong, but remember life goes on."

Volleyball 1,2,3,4; Softball 2,3; Indoor Track 1

Grace Butler

"Peace out."

Basketball 3; Key Club 3; Gardening Club 2

Anthony Byron

"I live my life a quarter mile at a time"
-Dom Toretto

Alec Cangemi

"Thinking of a master plan. How will I leave my mark." -LeBron James

Cross Country 1,2; Baseball 2,3

Ben Cangemi

"Buy less clothing and go to the gym instead"
- Rick Owens

Baseball 2,3,4; Cross Country 1,2,3,4
Indoor Track 4; Newspaper Club 3

Anthony Capaccio

"If things won't go your way, just know it's not that deep."

Baseball 2; Basketball 1,2

Frankie Capaccio

"Be patient, whatever your looking for will come to you"

Basketball 1,2,4; Volleyball 3,4; Golf 4

Isabella Capua

"It took a lot of hard work but I finally did it but four years later and I still can't do math"

Key Club 4; Softball 4; Pink Ribbon Club 2

Nicholas Carlone

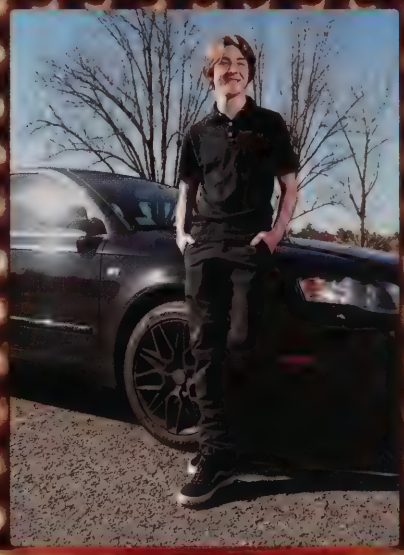
"My calling is to do good. Maybe not always to *be* good, ya know but do good. There's a difference"
- Cayde 6

Swimming & Diving 1,2,3,4; NHS 3,4

Isabella Cava

"If you're happy doing what you're doing, nobody can tell you you're not successful"
- Harry Styles

Cheer 1,2,3,4; Softball 1,2,3

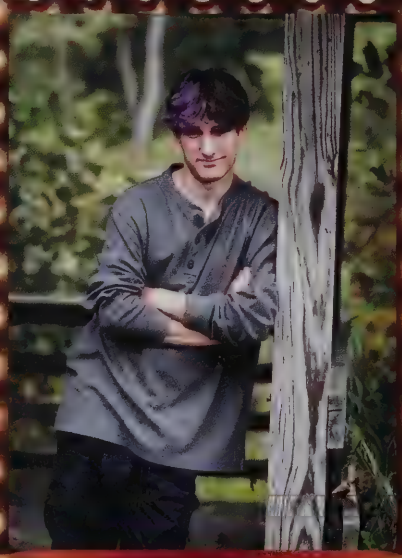


Lara Chebotarev

"Run to the rescue with love, and peace will follow" - River Pheonix

Varsity Swimming and Diving 1,2,3,4; Equity and Diversity Committee 3,4; NHS 3,4; Multicultural Club 3,4; Newspaper 3,4; POC Committee 4

Jeffrey Cicia



Ryan Clay

"A resilient captain didn't sail calm seas"

Cross Country 1,2; Track 1

Lorraine Cloutier

"Take pride in how far you've come. Have faith in how far you can go. But don't forget the journey" - Michael Josephson

Soccer 1,2; Basketball 1,2,3,4; Softball 2,3,4
Band 1,2; NHS 3,4

Lauren Condike

"There are no rules, just follow your heart"
- Robin Williams

Indoor Track 1,2,3,4; Outdoor Track 3,4
Lacrosse 2; Cross Country 4; Key Club 3,4

Kayla Coppolo

"Love the unloved"

Mackenzie Corl

Camryn Craig

Lam T. Dang

"I know a place where we can dance the night away" - Grent Perez

Volleyball 1; Gaming Club 2,3; Med-Sci Club 2
Multicultural Club 4

Gilda D'Ascoli

"Sometimes you will never know the value of a moment until it becomes a memory."- Dr. Seuss

Soccer 1,2; Lacrosse 1,2,3,4; Key Club 1,2,3
Pink Ribbon Club 2,3,4 (Co-President)
Med-Sci Club 2,3,4; NHS 3,4
Women's Empowerment Club 2

Abigael M. Davis

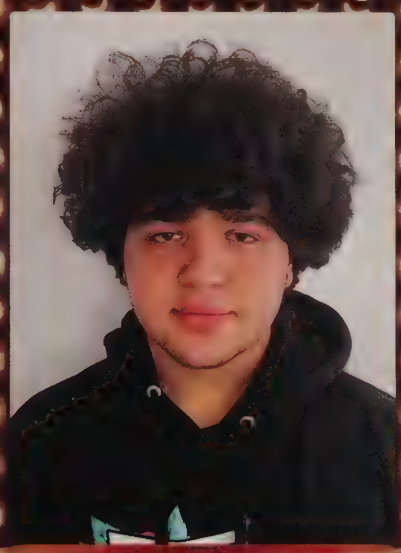
"How lucky I am having something that makes saying goodbye so hard." - Winnie the Pooh

Soccer 1,2,3,4; Indoor Track 1,2,3,4; Track & Field 1,2,3,4; Pink Ribbon Club 1,2,3,4
Key Club 1,2,3

Lukas deBlok

"If we fear the unknown then surely we fear ourselves."

Tennis 2,3,4; Model Congress 1,2,3,4



Taylor DeFlorio

"Take your victories, whatever they may be, cherish them, use them, but don't settle for them."
- Mia Hamm

Soccer 1,2,3,4 (Capt.); Key Club 1,2,3; Med-Sci Club 2,3,4; Pink Ribbon Club 2,3,4; NHS 3,4
Women's Empowerment Club 2,3,4
Student Government 1,2,3,4

Daisy DeTucci

"Every world has it's end. I know that's kinda sad but, that's why we gotta live life to the fullest in the time we have!"

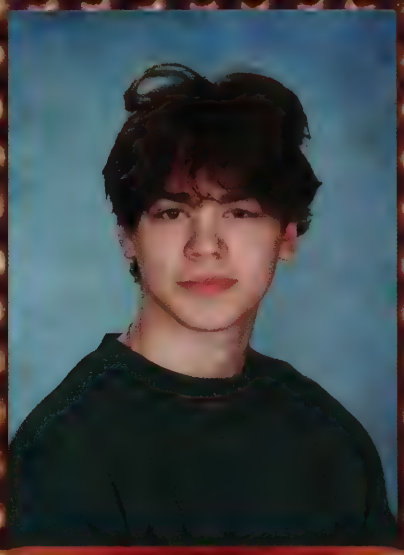
Ava Devenitch

"Your life is already artful - waiting, just waiting, for you to make it art."
- Toni Morrison

Model Congress 1,2; Writing Club 4; NHS 3,4

Robbyn Deyo

"Finally I'm done with this place WOO!"



Andrew Dieni

"Don't ever say anything you don't want played back to you someday. " - John Gotti

Soccer 1,2

Dominic Dinoia

"It always seems impossible until it is done"

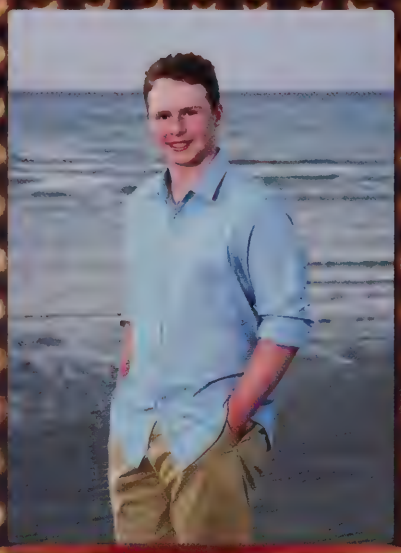
Parker DiPietro

"Can I be excused for the rest of my life?"
-SpongeBob SquarePants

Brady Dobek

"Fridays Are For The Sauce!" #FAFTS

Hockey 1,2,3,4; Baseball 2,3,4; Golf 2,3; NHS 3,4; Pink Ribbon Club 3,4; ELCAT 3,4



Connor Donovan

"One person can make a difference, and everyone should try." -JFK

Baseball 1,2,3,4

Jessica Marie Donovan

"To all the people who ain't like me, I ain't like me either." -Graduation, Juice Wrld

Field Hockey 1; Pink Ribbon Club 1

Nikolas Douglas

" You gotta learn to drive with the fear, and there ain't nothing more frightening than driving with a live cougar in the car." -Reese Bobby

Soccer 1,2

Sophia G. Dow

"Promise me you'll always remember: You're braver than you believe, stronger than you seem, smarter than you think, and loved more than you'll ever know." -A.A. Milne

Basketball 1; NHS 3,4; Student Council 2,3
Student Government 1,4; Volleyball 1,2,3,4

Tyler Dudley

"Oh, I graduated, oh yeah I just graduated high school" -Mac Miller

Soccer 1,2,4

Camden Duncan

"If you follow your dreams, you are capable of anything"

Jake Edwards

Rasheen Ervin Jr

Anthony Falvo

"My name is Skyler White, yo." -Skyler White

Writing Club 1,2,3,4

Carter Farrow

"You come at the king, you best not miss"
-Omar Little

Nicholas Ferguson

"Assemble the minions"

Football 1,2,3,4; Basketball 1,2; Lacrosse 1,2,3,4
NHS 3,4

Joseph Ferrero

"I would say I'm happier than ever graduating but I am not live laugh loving right now"

Football 1; Basketball 1
Cross Country 2,3; Track 2,3,4

John Fitzpatrick

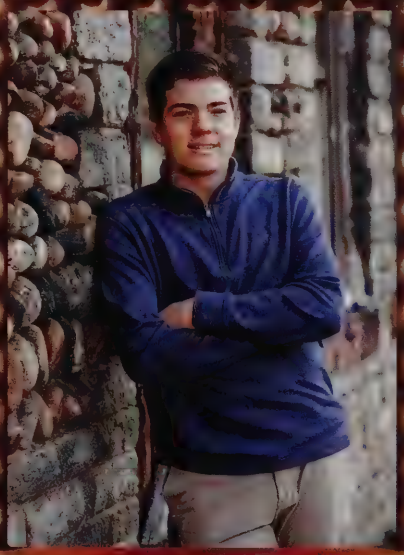
"Watch your step and watch WHERE you step."
-Gram (1931 - 2022)

Golf 1,2; Class President 2,3,4; Student Council 1,2,3,4; NHS 3, Vice President 4; School Committee Student Advisor 3,4; DESE Student Advisor 3,4 Hampden DA Youth Advisory Board 2,3, President 4 Model Congress 1,2,3,4; Model UN 1,2,3,4; Debate Team 1,2,3,4; Political Science Club 3,4; ASMW 3, Captain 4; Newspaper Club 3,4; Stock Investing Club 2; Key Club 4; Morning Announcements 3,4

Cienna Forna

"Expect nothing, appreciate everything."

Pink Ribbon Club 1; Key Club 1,2,3



Logan Forna

"Had some good times, had some bad times, but that's just the way the cookie crumbles."

Jack Forsyth

"Hard work pays off"

Hockey 1,3,4; Lacrosse 2,3,4; NHS 3,4

Kyle Gauthier Jr

Cross Country 1,3,4

Isabella Giard

"I'm totally unprepared to deal with life's realities"
-Meowth

Volleyball 1,2,3,4; Swim 1,2,3,4; Model Congress 1,2,3,4; Pink Ribbon Club 1

Isaac Lee Gonzalez

"Greatness from small beginnings"
Sic Parvis Magna

Drama Club 1; Pink Ribbon Club 4

Lily Goodchild

"No such thing as a life that's better than yours,
Love yourz<3"

Luke Goodchild

"Waste your money and you're only out of money, waste your time and you've wasted part of your life."

Volleyball 2,3,4

Bryce Gotta

"Expiration date, 3:00/14:59."

Volleyball 3

Nicholas Gour

"Despite everything, It's still you."

Key Club 1

Dylan Grasso

"What a long, Strange trip it's been."
- Grateful Dead

Football 3,4; Wrestling 4; Baseball 3,4

Olivia Graves

"May the rest of our lives be the best of our lives." -Mamma Mia

Molly Haller

"Take me to the finish line." -Lana Del Rey

Field Hockey 1,2,3,4(Capt.); Softball 1,2
Track & Field 3; Key Club 2,3,4
Women's Empowerment Club 2,3,4

Samuel Hanley

"Don't waste your time looking back, you're not going that way."

Soccer 1,2,3,4

Isabella Hannigan

"Do the things that make you happy and keep it real."

Will Harju

"Whatever you do, Don't fall asleep." -Nancy Thompson

Golf 1,2,3,4

Emily Harris

"It's something unpredictable, but in the end it's right. I hope you had the time of your life" -Green Day

Swim 1,2,3,4; Women's Empowerment Club 3,4
NHS 3,4

Mandolyn Harris

"Wanting to be someone else is a waste of the person you are" -Kurt Cobain

Cheer 1,2,3,4; Tennis 2,3,4; Women's Empowerment Club 2,3,4

Scott Hauser

"You only live once but if you do it right once is enough getcha pull"

Ian Hawley

"Our lives are defined by opportunities, even the ones we miss" -Unknown

Soccer 1

Olivia A. Helberg

"What feels like the end is often the beginning"

Soccer 1,2; Lacrosse 1,2; Key Club 2,3,4
Med-Sci Club 3,4; Pink Ribbon Club 1,2,3,4
NHS 3,4 (Treasurer)

Dale Henry III

"High school was easy, it was like riding a bike, if the bike had backwards steering."

Environmental Club 1,4; Chorus 1,3

Amabelle Houghton-Smith

"There was nothing in my wallet just a lot of dreaming." -Mac Miller

Jeffery R. Howell

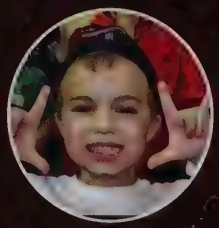
"It's not a boulder! It's a rock!"

Chess Club 3

Jenna Huynh

"It is so bad I want to give you a zero. But that's not possible so I give you a one." -Tyra Banks

Key Club 3,4; Writing Club 1,2
Here Comes Treble 4



Eliza J. Iacobucci

"You think the story's over but it's ready to begin." -Beastie Boys

Swimming & Diving 1,2,3,4(Capt); Women's Empowerment Club 2,3,4; Pink Ribbon Club 3,4 Multicultural Club 1,2; NHS 3,4; Community Kindness Program 1,4; Equity Committee 1,2,3,4

Ryan Ingalls

"I find I have to be the sad clown: laughing on the outside, crying on the inside." -Tony Soprano

Baseball 1,2,3,4; Key Club 1,2

Seraya Johnson

"It's not about how you start it's about how you finish."

Volleyball 1; Basketball 1,2,4

Adler Johnston

"The world is hard on silly men with a joyous whimsy in their hearts."

Concert Band 1,2,3,4; Jazz Band 3,4; Model Congress 1,2,3,4; Debate Club 1,2,3,4

Tyler Jones

"Huh?"

Brigid Jordan

"Enjoy every moment as it comes."

Soccer 1,2,3,4; Lacrosse 1,2,3,4

Ashley Kahi

"We don't have to know what tomorrow holds! That's why we can live for everything we're worth today! - Natsu Dragneel"

Volleyball 1,2,3,4; Indoor Track 2,3,4
Track & Field 2,3,4; Women's Empowerment Club 2,3,4; NHS 3,4; Class Officer 1,2,3,4; School Committee Advisory 2,3,4; Key Club 1,2,3,4

Samantha Kaufman

Keeley Kaye

"I did my waiting! 12 years of it! In Azkaban!!!"

NHS 3,4; Tennis 2,3,4; Model Congress 1,2,3,4
Women's Empowerment Club 2,3,4; GSA 3,4
POC Club 4; Multicultural Club 4

Adeyralis Kenney

Nasr Khan

Isaiah King

"Nothing in life is given to you, if you want something, go get it."

Football 1,2,3,4; Baseball 1,2,3,4

Joshua A. Kirchner

"Surpassing the Limit is Never Expected!"
- Joshua A. Kirchner

Cross Country 1,2,3,4
Indoor Track 2,3,4; Track & Field 1,2,3,4

Jolene Koshy

Tedy Kuhn

"But I don't really care, I'm just living my life."
- Lil Baby

Hockey 1,2,3,4 (Capt.)

Devan Lamothe

James Langevin

"You gotta always protect the Mcnuggets!"
- Cheeseburger Eddy

Colby Law

"If heavy metal bands ruled the world, we'd be a lot better off." - Bruce Dickinson, Iron Maiden

Hockey 1,2,3; Track & Field 2,3,4; Cross Country 2,3,4

Nate LeClair

"I'm her MCM, MCM belt on like I'm Mermaid Man." - Babytron

Edgar Lenart

"Your choices are half chance, and so are everyone else's." - Baz Luhrmann

Abigail LePage

"1 Global Pandemic and 2 new ACL's later..."

Soccer 1, 2; Basketball 1; Newspaper Club 3, 4

Brandan Lomax

Kayleigh Lukasik

"Not done yet #PG"

Soccer 1,2,3,4; Pink Ribbon Club 3,4; NHS 3,4

Benjamin Luu

"Everybody wants to know what I would do if I didn't win. I guess we'll never know."

Tennis 3,4; Med-Sci Club 2,3,4; Key Club 1,2,3,4
Multicultural Club 2,3,4; Student Council 1,2,3
Vice President 4; NHS 3,4; Pink Ribbon Club 4
Chess Club 3,4

George MacPhail

"Man, I love grilled cheese." - Albert Einstein
- George MacPhail

Swimming & Diving 1,2,3,4

Daniel Magiera

"Anything worth doing is worth overdoing. Moderation is for cowards." -Shane Patton

Football 1,2,3,4; Wrestling 1,2,3,4; Model Congress 2,3,4; NHS 3,4

Ava Makara

"We cannot become what we want by remaining what we are"

Alison Manley

"Your future is only as good as the work you put into it"

Field Hockey 1; Key Club 1,2,3; Best Buddies 3
Dance 1,2,3; Women's Empowerment Club 1,2,3

Phelan Manley

"I'm trying real hard to be the shepherd"

Baseball 2

Ryleigh Manley

"After 4 years here I finally turned something in on time. (it was this quote)."

Eleanor Mara

"God knew I'd be too powerful if I could do math."

Track & Field 2,3; Indoor Track 1,2,4; Cross Country 3,4
Key Club 2,3,4; Pink Ribbon Club 3,4
Women's Empowerment Club 3,4

Kate Markowski

"Without slipknot, I would not necessarily be where I am today." - Joey Jordison

Golf 1,2,3,4; Tennis 3,4

Matthew Marr

"If you make your bed every morning you will have accomplished the first task of the day...it will encourage you to do another task and another and another. And if by chance you have a miserable day, you will come home to a bed that is made - that you made - and that made bed will give you encouragement that tomorrow will be better."
Key Club 4

Benjamin Martin

"There I go, turn the page" -Bob Seger

Cross Country 1,2,3,4; Track & Field 2,3,4
Indoor Track 3,4; Band 1,2,3; Jazz Band 3,4
Spartanum 3,4

Morgan J. Martin

"You are exactly where you are meant to be"

Soccer 1,2; Lacrosse 1,2,3,4; Key Club 1,2,3,4
Pink Ribbon Club 1,2,3,4
Women's Empowerment Club 1,2,3,4
Environmental Club 3,4; NHS 3,4

Nevaeh Martin

"Don't associate yourself with toxic people. It's better to be alone and love yourself than be surrounded by people that make you hate yourself." -Robin Williams

Basketball 1; Volleyball 2; Key Club 4

Gus Mazza

"Shout out Mr. Paige"

Soccer 1,2,3,4

Nylah Jade McCloud

"Don't let people kill your flowers. Make sure your garden is watered and STUNT." - Tyler, the Creator

Key Club 3,4; Women's Empowerment Club 1,2,3,4
POC Committee 4

Molly McKittrick

"If I can give you any advice: be yourself."
-Shigeru Miyamoto

Band 1,2; Gaming Club 2,3,4; Drama Club 4

Mia A. Meccia

"WOOOOOO" - Coach John Voight

Soccer 1,2,3,4; Key Club 1,2,3,4
Environmental Club 4
Pink Ribbon Club (Co-President) 1,2,3,4
Med-Sci Club 4; Community Kindness Program

Jack Merrigan

"I wish there was a way to know you're in the good old days before you've actually left them"
-Andy Bernard

Soccer 1,2,3,4; Basketball 1, NHS 3,4
Key Club 1; Pink Ribbon Club 3,4

William Milanczuk

"Seize the day boys, make your lives extraordinary." - Robin Williams (N.H. Kleinburg)

Alexis Mongeon

"High school musical is pretty unrealistic."

Soccer 1

Michael Monroe

"It'll be good by the weekend" - Mac Miller

Soccer 1,2,3,4 (Capt)
Lacrosse 1,2,3,4 (Capt)

Summer Moody

"The people that go through the hardest and go through the most will succeed in the end" - xxx

Nolan Michael Moore

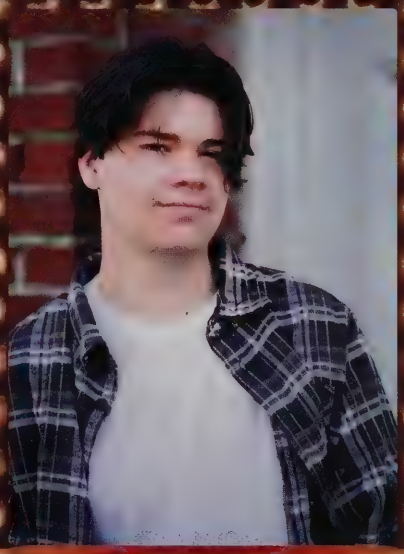
"When you think it can't get worse, it can"

Basketball 1,2; Football 1,2,3,4
Lacrosse 1,2,3,4

Anthony Morgado

"No one gives you a chance. You have to take chances." - Lil Baby

Soccer 1,2,3,4; Basketball 1; Key Club 2,3



Conner Morrissey

"Speeding has never killed anyone. Suddenly became stationary that's what gets you" - Jeremy Clarkson

Michael Naglieri

"Man thinking of a quote is hard." - (Me circa September)

Gaming Club 3,4; Robotics Club 1,2
Chess Club 3,4

Sang Nguyen

"I'm not ready for college."

Soccer 3; Volleyball 3,4

Andrew Nolan

"wait...what?"

Lacrosse 1,2,3,4 (Capt); NHS 3,4
Pink Ribbon Club 4

Chad O'Brien

"You miss 100% of the shots you don't take"
- Wayne Gretzky - Michael Scott - Chad O'Brien

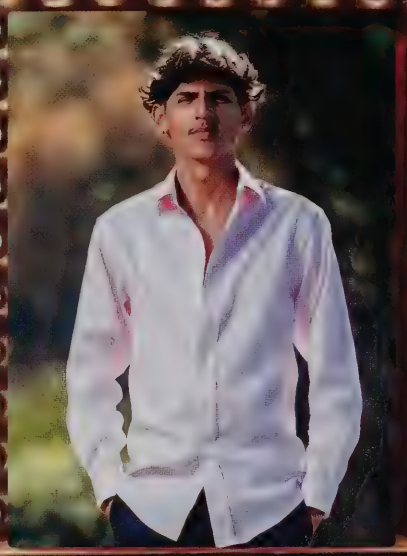
Hockey 1,2,3,4; Lacrosse 1,2,3,4

Helena O'Connor

"And yesterday went by so quick it seems like it was just today" -Eminem

Cheer 1,2,3,4 (Capt)

Aleksandra Orlova



Sergio Ospino Quintero

"Learn the rules like a pro, so you can break them like an artist."

Soccer 1; Cross Country 3,4; Track and Field 3,4
Indoor Track 4; Kindness Club 4

Summar Ottoson

"Life's short, Talk fast." - Lorelai Gilmore from Gilmore Girls

Soccer 1; Women's Empowerment Club 4

Lizbeth Padilla

"The happy memories will never fade"

Volleyball 1,2; Cheer 3,4

Kate Pagnoni

"Time to get busy ;)."

Aiden Parkinson

"Shout out to Mr. Kelleher"

Abigail Parsons

"Everything happens for a reason."

Soccer 1; Lacrosse 1,2,3

Ethan Pavlak

"I never really understood the point of senior quotes because you can just write whatever you want and sign anybody's name." -OJ Simpson

Cass Pike

"I'm sorry, I'm just thinking of the right words to say. I know they don't sound the way I planned them to be."

Danny Polanek

"When opportunity doesn't come knocking, build a door."

Mason Polite

"The only limit to life is yourself."

Football 4

Gianna Quick

"I barely showed up but I made it!"

Field Hockey 1,2; Lacrosse 1

Cassandra Racette

"I hate that I look my best when I'm dying on the inside"-Nessa Barrett

Volleyball 1,2; Basketball 1

Alisha Ramesh

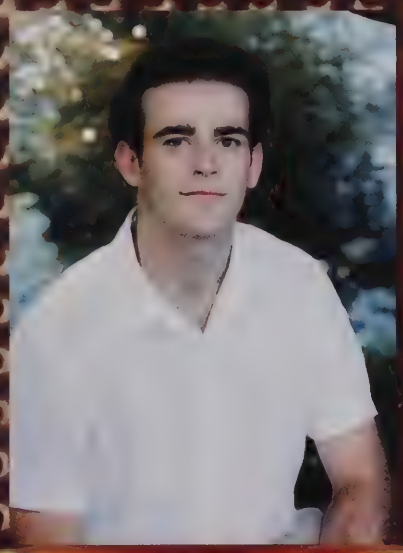
"Barbell, out."

Indoor Track 1,2,3,4; Track & Field 1,2,3,4 (Capt.); Volleyball 1,2,3; Swim 1,2; Writing Club 1,2; Women's Empowerment Club 2,3; Student Council 1,2,3; POC Committee 3

Emma Raschilla

"What should my senior quote be?"

Volleyball 1; Key Club 2



Joshua Bryce Reilly

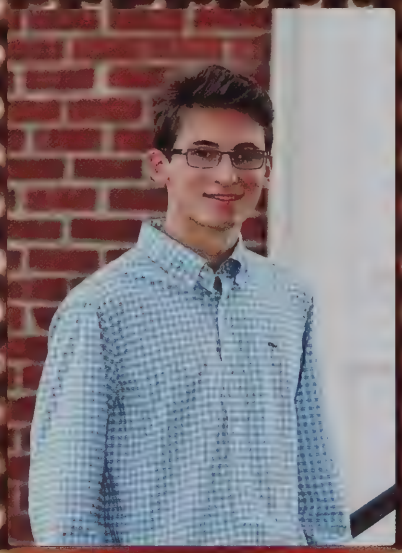
"School is temporary, but biceps are forever."

Soccer 1,2,3,4; Wrestling 1,3,4; Baseball 1

Molly Reilly

"Sometimes we need someone to simply be there. Not to fix anything, or to do anything in particular, but just to let us feel that we are cared for and supported."

Softball 1,2,3,4; Class Office 2; School Council 4 School Committee Advisory Board 4; Pink Ribbon Club 1,2,3,4; Spartanum 1,4; Peer Mentoring Program 4; NHS 3,4



Ryan Richards

"Yesterday's history. Tomorrow's a mystery. So live for today." -Carroll Shelby

Soccer 1,2,3,4

Angelina Riggio

"It's a beautiful day to save lives." -Derek Shepherd

Cheer 1,2,3,4

Antonio Christopher Riggio

"Through your many journeys in life, the key to true success and growth is the long-lasting relationships you develop." -Antonio Riggio, Quote was written and developed by myself.

Football 2; Key Club 2

Brady Robertson

Conner Robidoux

"Success isn't owned. It's leased and rent is due every day." -JJ Watt

Football 1,2,3,4; Baseball 1,2,3,4
Basketball 1,2,3,4; Band 1,3,4

Landon Robidoux

"It's Nerf or Nothing Ong"

Football 1,2,3,4

Tim Rodrigues

Ethan Roffe

Gabriel Romen

Austin Roncalli

"Think it, Dream it, Do it" -Sam Hyde

Kayla Rosen

"Never put off till tomorrow what you can do the day after tomorrow just as well"

Jeffrey Rosenkranz

"Nah"

Austin Rosso

Nolan Ryan

Gabriel Saavedra Ramos

"La fe, la fe, la fe es lo más lindo de la vida ¡Hoy voy a comer UNA CARAPULCRA CON SOPA SECA!" -Dr. Luis C. Alberto Guadalupe

Wrestling 2,3,4; Model Congress 1,2,3,4; Student Government Vice President 2,3; NHS 3,4; Debate Team 1,4; Robotics 1; Pink Ribbon Club 4

Michael Sadowski

"No pressure, no diamonds." -Thomas Carlyle

Basketball 4

Triston Saillant

"Out of sight out of mind"

Football 1; Indoor Track 1

Sophia Sares

"Success is not earned, success is worked for."

NHS 3,4 (Member-At-Large); Field Hockey 1,2,3,4 (Capt.); Softball 1,2,3,4 (Capt.); Key Club 2,3,4; Med-Sci Club 2,3,4; Women's Empowerment Club 2,3,4; Business Club 2

Stephanie Saykin

"Shoutout to Quizlet"

Ellen Scruggs

Christopher Sherwood

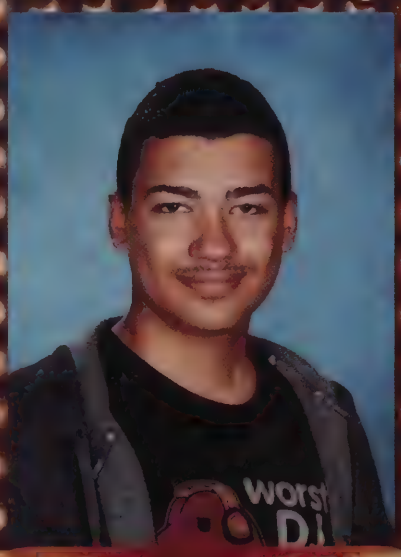
"Work hard and determined, safe to say I earned it." -Lil Baby

Hockey 1,2,3,4; Lacrosse 2,4

Colin Sherwood

"A day without laughter is a day wasted" -Charlie Chaplin

Hockey 1,2; Lacrosse 1,2,3,4



Nathaniel Soler

"I'm running out of "it is what it is"

Tiara Stamps

Brendan Stone

"Life crazy, don't take it for granted." -Gunna

Soccer 1,2,3,4; Pink Ribbon Club 4

Alexandra Surrette

"I can't even guess myself what it must be to live the life of a human being" -Dazai Osamu

Environmental Club; Chess Club

Juliana Swain

"Enjoy the little things, for one day you may look back and realize they were big things"

Indoor Track 1; Pink Ribbon Club 3,4
Key Club 2,3,4

Olivia Sweeny

"May the rest of our lives be the best of our lives" -Mamma Mia 2

Cheer 1,2,3,4; Tennis 2,3,4; Pink Ribbon Club 3,4; Med-Sci Club 3,4

Kevin Teal

"If we were lied to about the Pyramids of Geeza then everything in school was a lie. Remember sand can't actually be stacked that high"

Braidan Thomas

Tia Gabriella Tollis

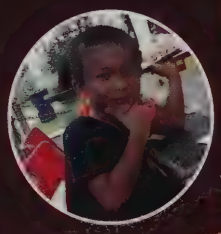
"ELCAT01028 Girls Varsity Soccer vs. Chaug Oct. 20, 2022 minute 1:20:05"

Soccer 1,2,3,4

Xavier Torres

"I am not what has happened to me, I am what I chose to become." -Carl Jung

Chorus 4; Drama 1,2,3,4



Bao-Huy Trinh

"Senior Quote (must be school appropriate)* "

Soccer 1; Volleyball 2,3,4

Tan Truong

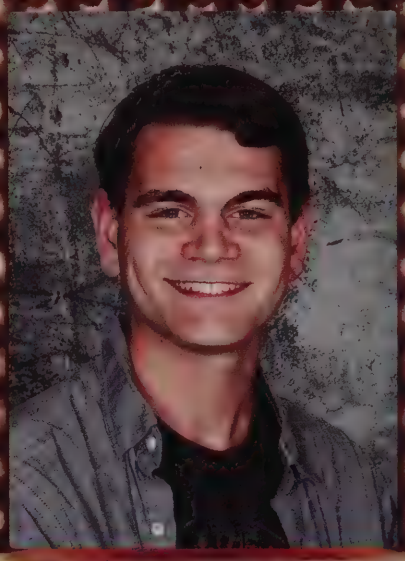
"Don't assume the answer is no before you ask the question."

Volleyball 2,3,4

Kayden Van

"Whatever happens, happens"

Volleyball 2,3,4



Andrew Violette

"Cross country- no halftimes, no timeouts, no substitutions. It must be the only true sport."
-Chuck Norris

Cross Country 1,3,4; Wrestling 1,3,4
Track & Field 2,3,4

Allyson Voight

"Smiling's my favorite." -Buddy the Elf

Volleyball 1,2,3,4; Swimming & Diving 1,2,3,4
Pink Ribbon Club 1,2,3,4; Women's Empowerment Club 3,4; Volleyball Mgr. 2,3,4
NHS 3,4

Julieann Voight

"Life is short, the world is wide, I want to make some memories." -Mama Mia

Cross Country 3,4; Indoor Track 1,2,3,4; Track & Field 2,3,4; Pink Ribbon Club 1,2,3,4; Women's Empowerment Club 3,4; NHS 3,4

Ava Wainwright

"Ava.Wainwright@eastlongmeadowma.gov logging off"

Volleyball 1; Cheerleading 1

Olivia Walton

"Life is too short to not order the Caramel Crunch Frappuccino"

GSA 2,3,4

Gloria Wesonga

"I'm gonna go stand outside. If anyone asks, I'm outstanding."

Business Club 3,4; Indoor Track 4
Track & Field 3,4

Grace Wesonga

"Still looking for the best 4 years of my life."

Basketball 1,2; Indoor Track 4; Track & Field 3,4
Business Club 3,4; Key Club 3,4
Multicultural Club 4

Ryleigh White

"Sometimes you will never know the value of a moment until it becomes a memory."

Soccer 1; Key Club 1

Camron Williams

Jayden Williams

Jack Woodward

"A real G moves in silence like lasagna"

Baseball 1,2,3,4; Golf 2,3,4; Basketball 1,2,3,4

Lana Xu

"ad astra abyssosque"

NHS 3,4

Angus Adam Young

"Wubba-Lubba-Dub-Dub! Here I am in the yearbook! Peace *burp* outtt!"

Theater 1,3

Tristan Carroll

To Infinity and Beyond

-Toy Story

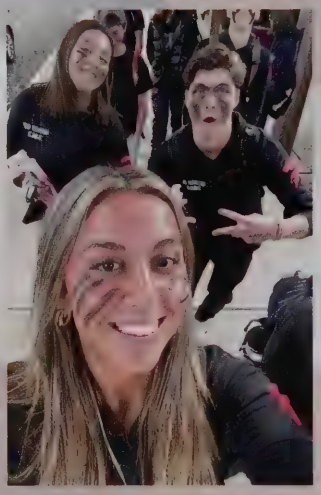
A long time ago in a galaxy far, far away

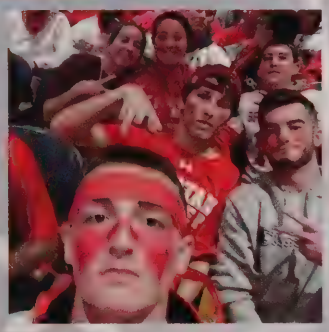
Senior

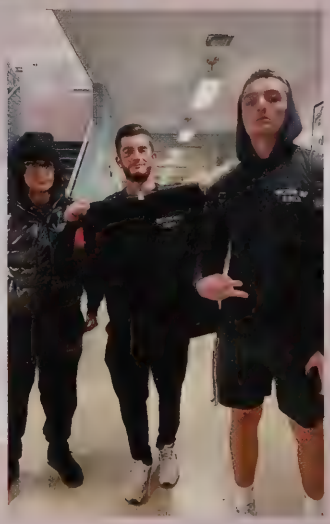
Memories

RAIDHER
FOR THE WIN
RAIDHER.COM
EAST LONGMEADOW
HIGH SCHOOL

Spirit Week







Senior

Class Scholar
Taylor DeFlorio & Gabriel Saavedra

Class Musician
Samantha Ahlberg & Xavier Torres

Class Artist
Ava Makara & Sergio Ospino Quintero

Class Athlete
Kayleigh Lukasik & Conner Robidoux

Best Eyes
Isabella Hannigan & Logan Forna

Class Couple
Kate Markowski & Alec Cangemi

Superlatives

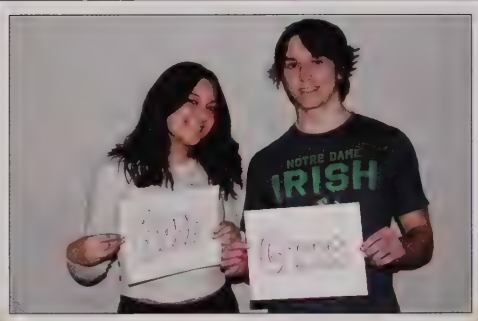
Boy BFFs
Michael Monroe & Gus Mazza

Girl BFFs
Abigael Davis & Tia Tollis

Co-ed BFFs
Olivia Helberg & Andrew Nolan

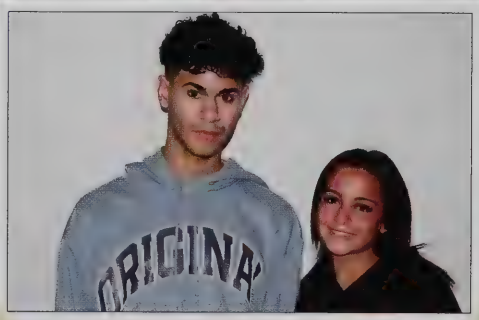
Best Dressed
Emily Harris & Abdullah Ahmad

Best Smile
Morgan Martin & Cade Boydston



Best Nickname
Sophia Bellucci (Boof) & Brendan Stone (Gunna)

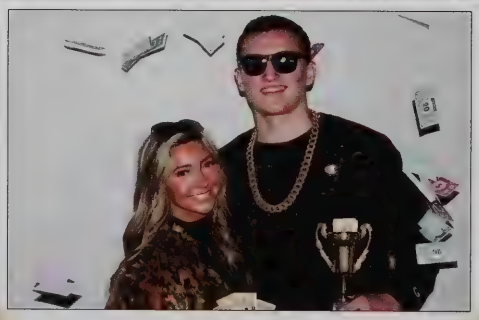
Senior



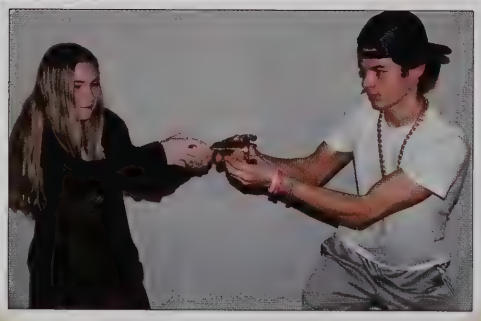
Best Excuse Maker
Abigail Parsons & Triston Saillant

Best Date to Bring Home
Julieann Voight & Anthony Capaccio

Best Sense of Humor
Nylah McCloud & Jack Merrigan



Most Likely to be Famous
Ryleigh White & Nick Ferguson



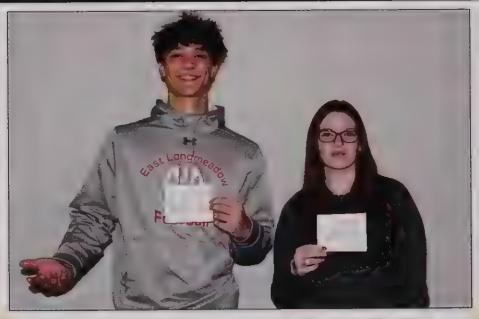
Most Competitive
Lorraine Cloutier & Brady Dobek

Most Respected
Mia Meccia & Connor Donovan

Superlatives

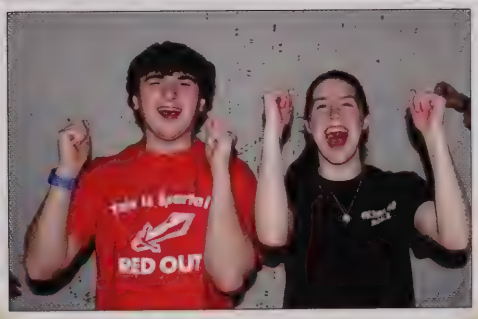
Most Likely to Succeed
Ashley Kahi & Ben Luu

Most Likely to become President
Julia Boucher & John Fitzpatrick



Most Likely to be Late to Graduation
Ryleigh Manley & Nolan Moore

Most Talkative
Gianna Alves & AJ Morgado



Most School Spirit
Ally Voight & Joe Ferrero

Teacher's Pet
Sophia Dow & Gage Abdelmaseh

Senior Superlatives

Class Sunshine
Gilda D'Ascoli & Andrew Nolan

Best Laugh
Seraya Johnson & Antonio Riggio

Best Hair
Eliza Iacobucci & Braidan Thomas

Most Sarcastic
Kayla Baldyga & Ben Biggins

Most Original
Amabelle Houghton-Smith & Anthony Falvo

Worst Case of Senioritis
Jessica Donovan & Landon Robidoux

Praise For The Stars

20%

TOMATOMETER

Critic Ratings: 425

23%

AUDIENCE SCORE

Verified Ratings: 2,023

Summar Ottoson

Take pride in how far you've come. Have faith in how far you can go. But don't forget to enjoy the journey.
We are proud of you.

Love, Dad & Mom

Morgan Martin

Congratulations! Morgan we are so incredibly proud of you in so many ways! You are a hard worker, generous, thoughtful, kind, original, and we can't wait to see what incredible things you do next! Stay true to yourself and follow your arrow baby girl!! We love you so so so so much!
Mom, Sammi & Brooke

Olivia Graves

Liv- We are so proud of the young lady you have become. Keep up the hard work and never lose your love of life and sparkling wit. Poppi is smiling down on you.

Love Always, Mom, Jon, Lily, Mimi, Dad, Tracy, & Rowan

Helena O'Connor

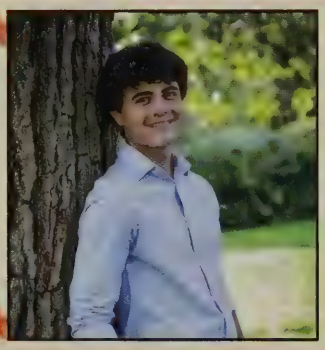
Helena- We are all so proud of you! Good luck at Bridgewater! We could not love you more!

Love and laughs forever,
Mom, Dad, Cassidy and Cailin

Samuel Hanley

Congratulations Samuel! We are so proud of you. Can't wait to see what God has planned for you. We love you.

Mom, Dad, Steph and Simon



Roshna Bush

Roshna, We can't believe it's time for college. We have watched you grow through good times and bad. We can't wait to see what the future holds. It's so bright, we have to wear SHADES!
Love,
Jen, Kerri, Roshika, & Rosha

Abigail LePage

To our Sweet Abby: "Do not follow where the path may lead. Go, instead, where there is no path and leave a trail."- Ralph Waldo Emerson. Believe in yourself, follow your dreams, and always know how much you are loved.
Love Mom, Dad, Camryn, and Carson

Ellie Mara

Congratulations Ellie! We are so proud of you and can't wait to see what the future brings. "Oh, the places you'll go!"

Love,
Mom, Dad and Joe

Dominic Dinoia

As you grow older you will face many challenges in life, just do your best. "Life isn't about waiting for the storm to pass, it's all about learning how to dance in the rain. Everyday may not be good but find something good in everyday. Believe in yourself no matter what stands in your way. We wish you the strength to face challenges with confidence. Listen to your heart and take risks carefully. Never forget how much we love you and we are so proud of you! Congratulations!

Love Mom, Dad, Daniela, and Frankie

Ally & Julieann Voight

"Your little hand's wrapped around my finger
And it's so quiet in the world tonight
Your little eyelids flutter cause you're dreaming
So I tuck you in, turn on your favorite night light
I'd give all I have honey
If you could stay like that
Oh, darlings, don't you ever grow up
Just stay this little
And even though you want to
Don't you ever grow up."
- Taylor Swift

Congrats Ally and J!! We love you and are so proud of your accomplishments!
Love Mom, Dad, Bradley, Jaxx

Nick Ferguson

Congratulations Nick! We can't wait to see what your future holds, we know it will be amazing! We are so incredibly proud of you! Love you!

Mom, Dad, and Lucas

Michael Monroe and Gus Mazza

Congratulations Michael and Gus! You two have been making us laugh since you were in kindergarten! XOXO

Ryan Ingalls

We are so proud of you, and are very excited to see what the future has in store for you!

Love, Mom & Dad

Nicholas Bradley

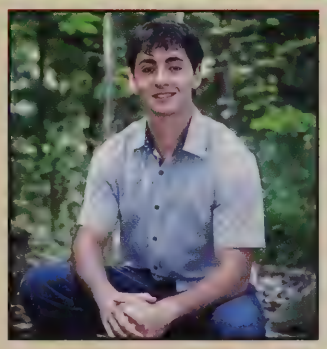
Your drive has been a force since you were little and its amazing to see what you accomplished. We are so proud and can't wait wait to see what you conquer next, Keep working hard, play hard, make good choices and enjoy the ride!

Love always, Mom and Dad
xoxo

Alec Cangemi

We are so proud of the kind, hardworking, and smart young man you have become. You have accomplished a lot and your future is bright. We wish you the very best in all future endeavors.

Much Love, Mom & Dad



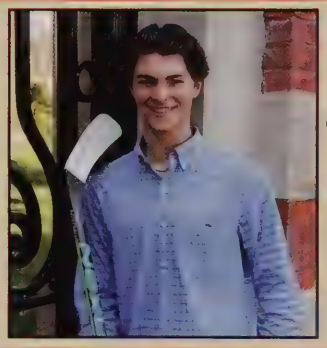
Sara Bolton

Congratulations Sara! You have become such a beautiful, smart, confident young woman! You have accomplished so much and the world is at your feet. We know that you will be amazing at whatever you do in life. Always hold on to your dreams!
Love Mom, Dad, Dominic, Grammy and Grampy

Ben Cangemi

Since freshman year to now, you have developed into a diligent, curious, and kind young man. You've taken on new challenges and met them with great success, We are so proud of you! We are wishing you much success all future pursuits.

Much Love, Mom & Dad



Braedin James Dobek

"Take pride in how far you've come. Have faith in how far you can go. Enjoy the journey!" We are so proud of you Brady and excited for your future. Happy Graduation!

With love, Dad, Mom & Devin

Juliana Swain

Congratulations Juliana! Be happy and proud of all your accomplishments and memories you have made from your first day of Kindergarten up until now and in the future ahead! Continue to smile, laugh, and do what you can do in the best possible way. We love you!

Mom, Dad, & Annie

Braedin J. Dobek

Grandsons fill your heart with love. Proud of the person you are and thankful for all the happiness you bring to life. We are excited for you as you begin the next chapter of your life. All our love always.
God Bless,
Grami & Papi

Abigael Davis

Congratulations Abby D!!
You are a graduate of the EL High School class of 2023!
We are so proud of you. Your strength. leadership, kindness, friendship, loyalty, and unyielding drive to be the best you can be are but a few of your gifts that make you so special.
Love,
Uncle John & Auntie Karen

Abigael Davis

Abby
Congratulations!
I am so proud of you and your accomplishments.
Be happy at Northern Vermont
Love,
Grammy

Emmanuela Anwuzia

Congratulations our beautiful, intelligent and amiable daughter. We are so proud of your hard work and dedication to studies in your academic pursuits. You have admiration. love and support. Continue working hard and be focused, you will soar like d eagles as d sky will be your starting point.
Mom & Dad.

Benjamin Biggins

Congratulations Ben!
We're so proud of you and are so blessed to be your family. You have such focus and initiative and we know that will carry you far! Keep working hard, enjoy life and keep growing in your faith. God has a plan for you and we cant wait to see it unfold!
We love you,
Mom, Dad & Dan

James Langevin

Congratulations James! You have a bright future ahead. You have a strong work ethic, a keen mind and a great sense of humor. Enjoy the adventures ahead, find your passion and laugh often. Be kind and true to yourself. Whatever you choose, you will succeed!
Love, Mom, Dad and Anna

Kayleigh G. Lukasik

Kayleigh we are so proud of your accomplishments both on and off the pitch! You truly are the definition of PERSEVERANCE! Nana is very Proud for sure! Never stop believing in yourself! Congratulations!
Love Mom, Dad, Caroline and Gavin

Lorraine Cloutier

Congratulations on all you have achieved during your high school years!
We are so proud of you. We cant wait to see what the future holds for you. Words cannot describe how much we love you!
Mom, Dad, Daniel, and Matthew

Andrew Dieni

Where has the time gone? Graduating this year! Andrew, your life is a story and the adventure ahead of you is your journey. Take pride in how far you have come, have faith in how far you can go. You never know what you are capable of unless you try.
We are so proud of you!
We love you infinity!
Love, Mom, Dad, Kirsten and John

Olivia Helberg

Liv, we are so proud of your accomplishments and the person you have become. You have found your "True North". Congratulations baby girl!
Love-
Dad, Mom. Derek, Papa and Grammy

Sophia Bellucci

"Remember that you can never cross the ocean until you have the courage to lose sight of the shore"
Congratulations on your graduation. We couldn't be more proud of you!
We love you always,
Mom, Dad and Julia

AJ Morgado

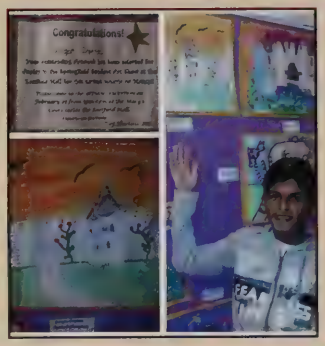
AJ,
We are so very proud of you and all that you've accomplished! We cant wait to see what this next chapter brings.
Congratulations!
Love,
Mom, Dad, Isabella & Avery

Sergio Ospino Quintero

Where there's a will, there's a way!

We truly wish that throughout your life, you continue to carry this mantra with you. Back in 5th grade, who would have known of the amazing artist that you are. We are beyond proud of you, and can't wait for what the future holds for you. Keep being you and always believe in yourself.

We love you dearly,
Mom and Luigi

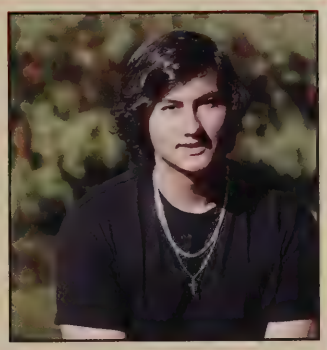


Molly Reilly

Congratulations, Molly! Were so proud. You held your bar high and held strong, even with bumps along the way. We look forward to watching you shine on your next adventure. Make sure you breathe, enjoy, and find the bright and sunny. We love you more than you know!
Mom, Dad, Caleb, Owen & Jack

Tyler Dudley

These past 17 years have flown by for us. We are so proud of you. You have always had the strength to make decisions that are right for you. Enjoy the memories and reach forward to the future. Your journey is just beginning.
We love you,
Mom, Dad & Brody



Aiden Parkinson

"Always remember you are braver than you think. Stronger than you seem and loved more than you know."
You did it kiddo.
Love you, Mom

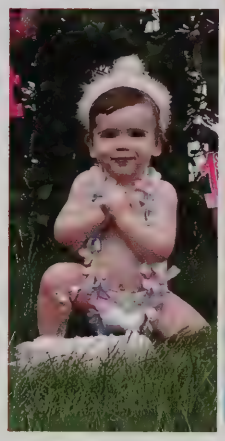
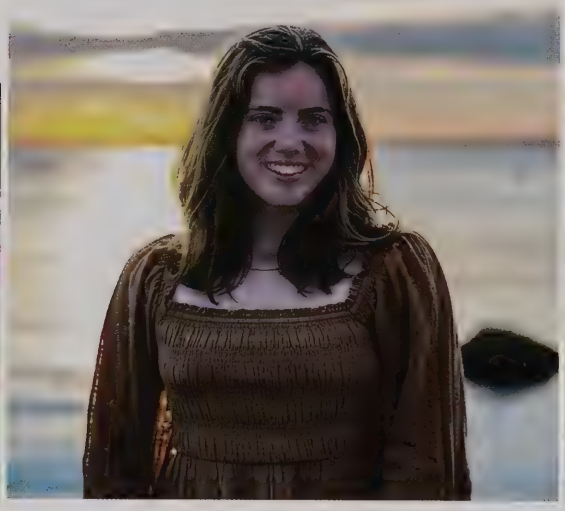
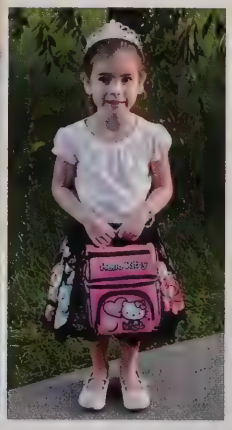
Kate Markowski

Kate Marie, it has been our honor to watch you grow into a smart, beautiful, caring and capable young woman. We wish you happiness, and success on this next adventure! Your strong character, determination. and hard work will take you far in life. Enjoy this next chapter in your life.
We love you so much.
Mom, VJ, Dad. Kim. Tux, Penelope, Carlton & Dexter

CONGRATS GRADS 2023

I'd wish for all your wishes to come true.
And I'll always love you just as much as I do today.

Will You Take Care of Me? By Margaret Bridges

Julia, your beauty, strength and immeasurable joy has been a blessing we hold dear.
As your next adventure begins, we will always love you just as much as we do today.
All our Love Forever and Always… Mom, Dad, Maria and Matthew

ANDREW NOLAN

We wish you the strength to face challenges with confidence...

Along with the wisdom to choose your battles wisely.

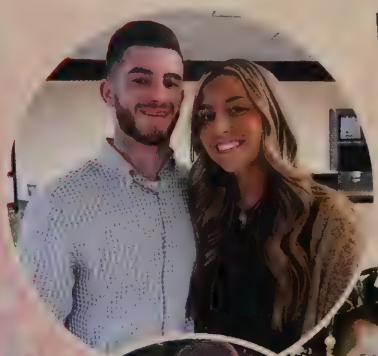
Listen to your heart and take risks carefully.

Always remember how much you are loved.

CONGRATULATIONS ANDREW...
We are so proud of you!

Love,
Mom, Dad and Ava

Cousins...
Mia and Andrew



WE ARE SO PROUD OF THE INDIVIDUALS YOU BOTH HAVE BECOME. ALWAYS REMEMBER TO LOOK OUT FOR EACH OTHER... SO FORTUNATE TO BE FAMILY, EVEN MORE FORTUNATE TO BE FRIENDS!

WE LOVE YOU BOTH!

CONGRATULATIONS!

LOVE, YOUR FAMILY

You're off to great places!
Today is your day!
Your mountain is waiting.
So get on your way!"

Liv,

You are humble, kind, sweet, talented, smart, caring - an all around beautiful person inside and out; don't ever change! We are so very proud of you and to be your parents!

The future is all yours!

~ Love - Mom, Dad, Hunter and Bella

Molly,

We love you so much! You have worked with intensity and dedication to achieve all that you have...maintaining your smart sense of humor all the while. Your integrity, wisdom, and compassion will take you far.

2011-1st day 1st grade

We will miss your laughter while you are at college, but we know you'll come home to see the dogs.:)

Love,
Mom, Dad, Abby, Ryan, Harry & Fozzie

CONGRATULATIONS DAN MAGIERA!

"THINK BIG, THINK POSITIVE, NEVER SHOW ANY SIGN OF WEAKNESS. ALWAYS GO FOR THE THROAT. FEAR? THAT'S THE OTHER GUYS PROBLEM. NOTHING YOU HAVE EVER EXPERIENCED WILL PREPARE YOU FOR THE ABSOLUTE CARNAGE YOU ARE ABOUT TO WITNESS."

- LOUIS WINTHORPE III

All your hard work has paid off, Soph! Congratulations on graduating high school! We couldn't be more proud of all that you have accomplished. From your first day of kindergarten to your last day of high school, we truly have been blessed and honored to watch you become the amazing young woman you are today. You are smart, kind-hearted, thoughtful, and caring. Your strong work ethic, leadership skills, and ability to rise others up will take you very far in life. We look forward to cheering you on from the sidelines in everything you set out to do in life.

You are destined for great things! Let's Go #7!

Love,

Mom, Dad, Sam and Max

Congratulations Abigael!
We've watched you learn and grow and are so proud. Continue to follow your dreams. We can't wait to see what you do next. Oh the places you will go!
Love,
Mom, Dad and Aidan

Connor,
The day you arrived, our family became complete. We had no idea we would be such joyful witnesses to you becoming a confident, smart, independent and motivated hard worker whose strength of character shines in everything you do. It is an 'ache' and an 'honor' to celebrate your graduation from high school and watch you step into the next chapter of your education. You have made us better people. "May your dreams stay big and your worries stay small."
Love,
Mom, Dad and Jack

Congratulations Michael!
We are so proud of you and all of your accomplishments. You are smart, kind, funny and sweet and we can't wait to see what's to come in the next chapter of your life.
With Much Love,
Dad, Mom, Catherine and David

Art is an adventure into an unknown world, which can be explored only by those willing to take risks.

Congrats Molly! Love, Mom, Dad, Mitchell & AJ

John,

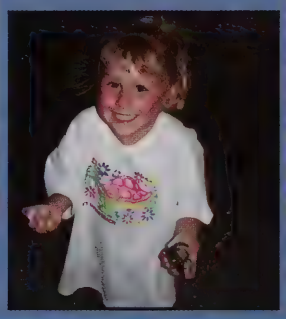
Congratulations! You made it! We are so very proud of you. We wish you much happiness and great success in all you do. All the best in college, we are always here for you and love you very much.

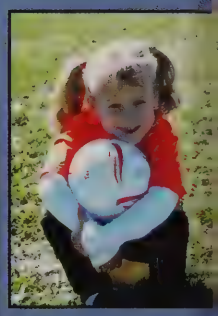
Love,
Mom and Dad

Taylor,

Words can't express how incredibly proud we are of you! You are an amazing daughter and big sister. It has been an incredible journey to watch you grow from a sweet little girl playing with Legos, to the beautiful young woman that will influence and change the world. Your dedication in the classroom as well as on the field will continue to bring you success! May your future adventures continue to bring you happiness and joy. We cannot wait to see where the next chapter of your life will bring you! All of our love and support! "Do your Best and Forget the Rest!"

Love,
Mom, Dad and Mikayla





Congratulations Sophia!

I am so proud of who you've become and all you've accomplished. Continue to shine and shoot for the stars. I love you to the moon and back and I will always be "One Call Away".

Love, Mom

Jack,

Everything happens for a reason. Search for the reason in the good and in the bad. Stay positive, be kind, and always choose happiness. We are so proud of you!

Love,
Mom, Sam, Jay, Sarah, Derek, Jacob, and Cisco

*Congratulations **ANDREW** and the ELHS Class of 2023!*

Do...or do not. There is no try. - Yoda
You can DO this!
Love, Mom, Dad, Ashley, and Garrett

Congratulations on your graduation, Andrew!
Wishing you success and happiness always!
Love, Great Grandma Elsie

How exciting to start the next chapter in your life!
You are such a wonderful grandson that we know you will be successful.
Enjoy the journey- we love you BIG!
Grampie and Grammie

To my bright, talented, and kind grandson:
"Go confidently in the direction of your dreams."
-Henry David Thoreau
So proud of you. Love you to the stars and back!
Grandma Pam

You are a great young man and I can't tell you how proud of you I am. All the best, I love you!
Grandpa Alan and Gerry

Stay true to yourself. Proud of you. Love you!
Aunt Colleen, Uncle Addison, Chase, Bran, and Hollis.

Way to go, Andrew! On to the next adventure!
Love, Uncle Wayne, Aunt Melissa, Alexa, and Luke

We are so proud of all you have accomplished!
Love,
Mom, Grandma, Nick, and Tori

Michael - your graduation is. . .

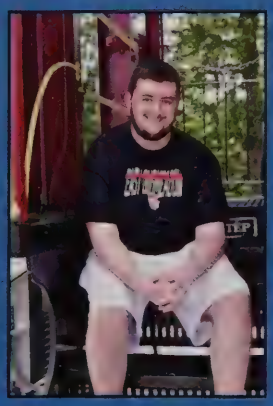
A celebration...
A time for looking back on lessons learned, adventures shared, and bright moments filled with special meaning.

A farewell...
A time to say goodbye to old friends, to good times you've known... a time for packing away memories, and treasures for tomorrow.

A beginning...
A time for looking forward, a time to set new goals, to dream new dreams, to try your wings, and see what lies beyond.

We are so proud of your accomplishments and are excited to see what amazing opportunities lie ahead.

All our love, Mom, Dad, & Gianna



Seraya,

As we reflect on the opportunities life presents, we honor grace, determination, and commitment. Seraya, you demonstrated that you can do anything you put your mind to. With all the obstacles these past few years and throughout your 12, you made it with honors. Your family is proud of every single accomplishment and will continue to support and nourish this journey called life. Live life, don't let life live you. Congratulations, we love you.

Love,
Mom, Dad, Mia, and Grandmama. She is smiling and watching you achieve what she knew you could.

Behind you are the challenges you've met. Before you lies new possibilities. Today you choose the direction of your life.

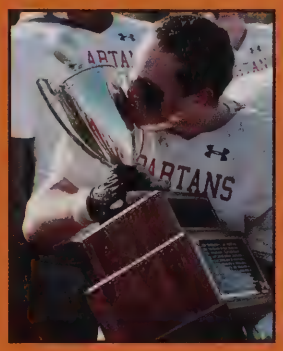
Our wish for you is that life becomes all you want it to, your dreams stay big, your worries stay small and we hope you know how much we love you!

Love Mom, Dad and Haley
P.S. Mimi and Grammy would be proud

Gabe,

Words could never express how proud we are of you! Time and time again, you amaze us; watching you grow into the man you are becoming has been our honor. We cannot wait to see where the future will take you. Just ride the wave where it takes you. We will always be here for you.

All our love,
Dad, Mom, Aiden, Lincoln, Mimi, Papa, Nana, Grandpa, and of course, Pop.



Nylah,
We are so proud of you. You accomplish every goal you set. We wish you success and happiness in everything you do!
Congratulations!
We love you so much,
Mom, Dad, Jubee and Ollie

Stay sweet...stay kind...stay humble. No matter what the world throws at you, stay strong.
❤️ Love you always,
Mom, Dad, Anthony, Izzy, and Sandro

CONGRATULATIONS GUS!!

It is amazing how time flies and now you are a high school graduate. Take your funny, kind, and fantastic personality into the world and figure out what makes you happy. Make good decisions and surround yourself with good people. We will always be there to love and support you along your journey through life.

We love you Gus, more than you will ever know and we are proud of you.

Love, Mom and Dad
(Sonny, Enzo and Frankie too)

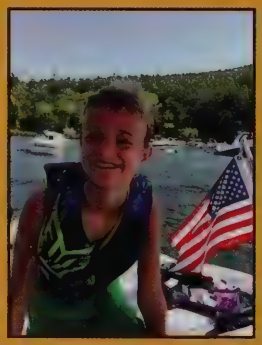
You have always worked hard for anything you wanted in life. No matter what your goal was, you put the work in, you were motivated and determined. The work ethic you have is a gift, it will carry you with everything you want to achieve in your life. We love you so much and we are so extremely proud of you!

Love, Dad, Mom, Nathan & Ashley

WILL,

WE ARE SO PROUD OF YOU. YOU ARE SUCH A KIND AND GENUINE PERSON. WE KNOW YOU WILL CONTINUE TO ACHIEVE GREAT THINGS IN COLLEGE AND BEYOND. "SHOOT FOR THE MOON. EVEN IF YOU MISS, YOU'LL LAND AMONG THE STARS."
- LES BROWN

LOVE,
MOM, DAD, CAROLYN, ANDY, AND KATIE



CLASS OF 2024

Rising Stars: Juniors

President

Ella Jarzabski

Vice President

Beckett Vigneux

Secretary

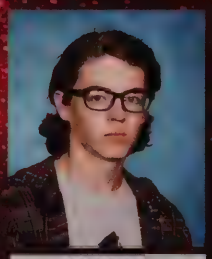
Nevaeh Alfonso

Treasurer

Santino Nai

Member at Large

Emily Baker

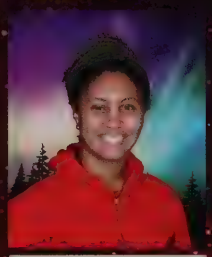


Nathan Adams

Nevaeh Afonso

"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it."
-Ferris Bueller's Day Off

Mohammad Alkabbani


Sandrine Alouidor

Basmalh Azzawi

Sydney Bailey-Evans

Emily Baker

Christopher Bamber

Amethyst Barney

Marissa Beaumier

Shane Becker

Benjamin Bedford

Jameson Beecher

Lily Bernier

Lena Bertelli

Cheyenne Bissonnette

Savannah Bissonnette

Filipe Boas

Vincent Borello III

Nicholas Borjas

Luke Brenner

Dylan Brown

Ethan Bui

Dominic Burack

Samantha Caldbeck

Joseph Caputo

Evan Carabine

Lauren Card

Stella Carrano

Victoria Carrano

Miya Casiello

Isabella Charette

Timothy Choi

Nicholas Cleary

Eryka Cole

Eric Cole Jr

Logan Collins

Michaela Coltey

Sarah Conrad

Kaylie Coughlin

Madison Courchesne

Michelle Croken

Robert Cunningham

Dylan Curtis

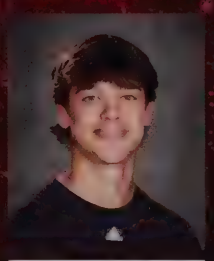
Lilah Cushman

Amelia Czudec

Jeremy Dalessio

Justin Dansereau

Sarah Daponde


William Devoie

Marthe Diguet-Cadieu

Thomas Doane

Garrett Donahue

Isabella Donais

Jesus Dones

William Doyle

Emaleigh Dunbar

Samantha Edwards

Griffin Farrow

Michael Ferrero

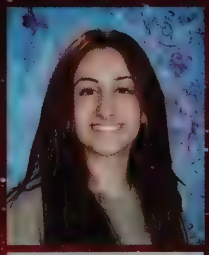
Tori Ficarra

Eralyn Figueroa

Aidan Fisher

Thomas Fitzgerald

Haley Fitzpatrick


Anna Fonte

Ava Fox

Destinee Fox

Anna French

Hayden Fyfe Jr

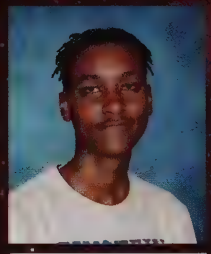
Liliia Galambitsa

Dominick Gamelli

Alexander Garelli

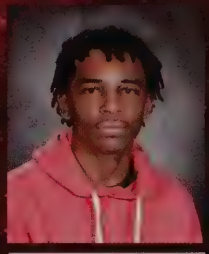
Andrew Garstka

Emmalee Gates


Malin Gitau

Lineishka Gonzalez Salas

Aubrey Goodchild


Jayden Gray

Jasmine Griffin

Matthew Griffin

Nolan Griffin

Collin Guay

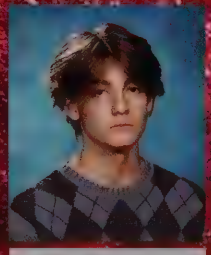
Franco Guimaraes

Christian Harding

Carolyn Harju

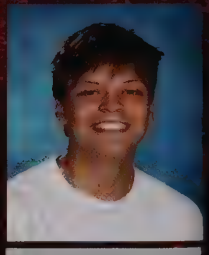
Norah Hellyer

Alexia Henley-Bisson


Omar Houghton- Smith

Brittney Hrdlicka

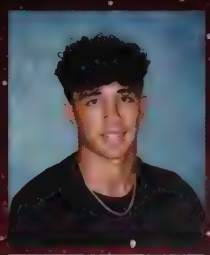
Ella Jarzabski

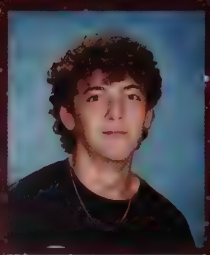

Cole Johnson

Ariana Jones

Jenna Kelley

Sonia Kerongo


Samir Khan


Charles Klatka

Connor Knee

Katie Knowe

Drew Knowles

Jack Langan

Madisen LeCours

Giuseppe Lee

Matthew LeHouillier

Marco Leonardo

Devin Li

Anthony Liu

Becca Lloyd

Isabelle Longo

Preston Longo

Torin Luke

Vincent Luu

Makayla Lyman

Anna Maccarini

Colin Mackechnie

Alyssa Macri

Jaden Mai

Luis Malave Rodriguez

Francesco Mancini

Kaelyn Manley

Lucas Mantoni

Louie Martin

Daniel Maurer

Michael Mazza

Victoria Mazzaferro

Elizabeth McDonald

Patrick McGillicuddy

Isabella Medina

Ava Mendes

Grace Moltenbrey

Nolan Moore

Colin Moran

Garrett Moran

Gavin Moran

Madelyn Moriarty

Megan Morneau

Leah Nadle

Santino Nai

Alek Narreau

Brian Nguyen

Annjalease Nugent-Dunson

Chanel Nugent-Dunson

Audrey O`Neill

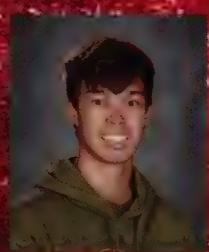
Keelan O`Shea

Andrew Oliveri

Anna Osborne

Sophia Panasci

James Parker

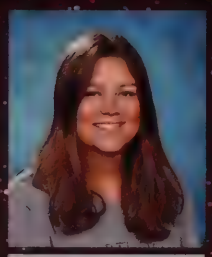

Kyle Pearson

Emerson Pelletier

Rebecca Pelletier

Erin Peteros

Harrison Peteros


Vivian Poole

Joseph Presnal

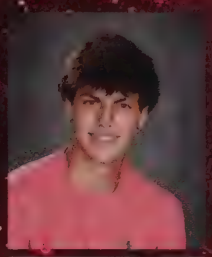
Andrew Preye

William Preye

Mason Reardon

Emmanuel Reyes

Abigael Reyor


Zachary Richard

Adrienne Rioux

Avery Rivard

Bella Rivera

Cody Robb

Jacob Robb

Rachel Robbins

Elizabeth Roman

Elysabeth Rondon

James Rowe

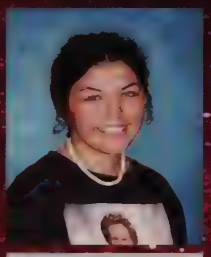
John Rucci

Addison Rushford

McKenzie Ryan

Lucas Santiago

Asia Schaeffer


Jillian Scully

Nicholas Seal

Ethan Sherman

Briana Siciliano

James Skiffington

Shane Smith

Adrianna Stambovsky

Ashlee Stanek

Averi Stebbins

Emma Stevens

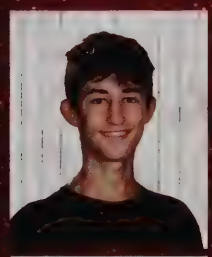
Maggie Stevens

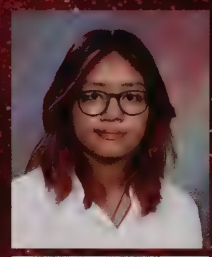
Gianna Stirlacci

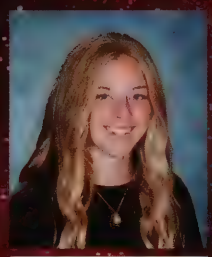
Ariana Suse

Trevor Szczepanek

Hannah Taft


Mateo Tapia Delgado


Sophia Taylor


Aleigh Thompson

Dylan Tilden

Timothy To

Brenna Tongue

Jack Tudryn

Anna Turnberg

Iris Turnberg

Eastwood Twum-Barima

Beckett Vigneux

Nicole Vo

Kelsea Voyik

Ella Wallace

Youjia Wang

Talya Weiss

Hannah Willetts

Jack Williamson

Eric Wing

Katherine Wright

Tyler Zalewski

Robert Zemba

CLASS OF 2025

Up-and-Coming Talent: Sophomores

President

Emanuel Garcia

Vice President

Cassandra Callahan

Secretary

William Beagle

Treasurer

Victoria Ahlberg

Member at Large

Marlie Wajda

"OUR LIVES ARE DEFINED BY OPPORTUNITIES, EVEN THE ONES WE MISS."
-THE CURIOUS CASE OF BENJAMIN BUTTON

Victoria Ahlberg

Seamus Alban

Levi Albert

Jenna Allan

Austin Barney III

Corrighan Barry

Sophia Baughn

William Beagle

Colton Bechard

Ashley Beek

Jamie Bellerose

Zachary Berrios

Abigail Bousquet

Sofia Bovat

Rylee Brown

Gwyneth Brunette

John Burns

Dominic Byron

Mianna Calabrese

Alexandria Callahan

Cassandra Callahan

Carly Capaccio

Fatima Carrano

Amaya Carrion

Porter Carroll

Jacob Celani

Ryan Chen

Sophia Chmura

Nathan Clear

Oluwafunmilayo Coates

Susannah Cooper

John Cooper IV

Graciella Coughlin

Aubrey Coutinho

Allyson Crimmins

Addison Czelusniak

Gabriella D`Ascoli

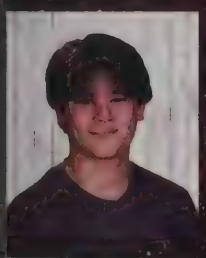
Pasquale D`Ascoli

Cole Davis

Francisco Pablo De La Flor Santaella

Mikayla DeFlorio

Anthony Del Padre


William Delaney

Tess Denault

Destiny Diaz

Salvador Diaz

Daniela Dinoia

Kenzie Doe

Audrey Donahue

Emma Doyle

Sophie Doyle

Camden Erickson

Shae`Lynn Ervin

Chase Evans

Kemuel Feliciano

Owen Fernandes

Jack Fitzgerald

Jacob Focosi

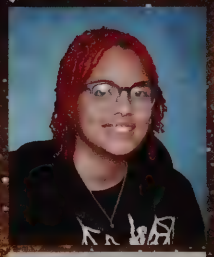
Chase Foster

Emanuel Garcia

Kellen Gasperini

Ava Gile

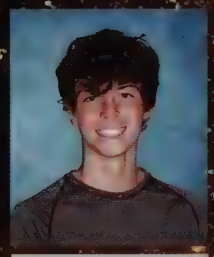
Melody Gonzalez


Milly Gonzalez

Emma Gosselin

Braden Gotta

Angelika Goulas


Mason Grasso

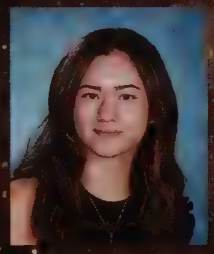
Callie Gridley

James Hamilton

Stephanie Hanley

Victoria Hannigan

Isabella Hanson

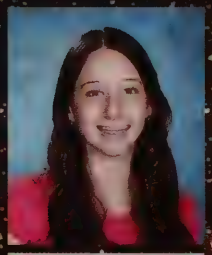

Gabriella Harding

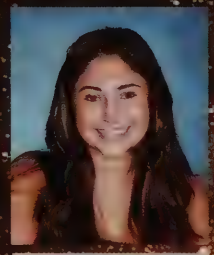
Jenna Hawley

Derek Helberg

Grace Howard

Mya Hurtado


Ellie Hutchins


Gabriella Illingsworth

Aviv Johnson

Vonnie Johnson IV

Adelaide Jordan

Thomas Kakley Jr.

Joseph Kane

Sarim Khan

Daniel Kirchner

Anna Kulenok

Sara Kulla

Nani-Okalani La Palm

Nathan LaFlamme

Xavier Lassalle

Jasmine Lee

Devan Lemont

Camryn LePage

Carson LePage

Kitty Li

Dylan Linehan

Andrew Lonczak

Cameron Loranger

Sage Lu

Caroline Lukasik

Madeline Lunsford

Mia Malave

Samantha Malone

Francesco Mancuso

Benjamin Mannheim

Kennady Marino

Janiya Marquez

Natalya Marr

Gabriel Martin

Ryan Martin

Samuel Maurer

Olivia McAdoo

Shea McCarthy

William McLaughlin

Michael Mendrala

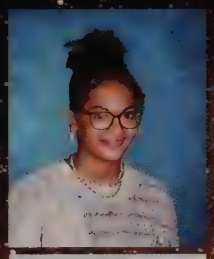
Natalie Merrick

Sam Merrigan

Savannah Meyer

Mohamad Mhanna

Jacob Miller


Jamaica Miller

Chlae Mitchell

Liam Murphy

Gianna Naglieri

Amy Nguyen

Nhi Nguyen

Vince Nguyen

Teresa Ni

Daniel Nkalubo

Morgan O`Brien

Seamus Oldenburg

Luis Ortiz

Brianna Ottoson

Anthony Pandolfi

Nina Pandolfi

John Parker

Mary Partelow

Dustin Patry

Christopher Persaud

Caroline Peteros

Abigail Pevay

Michael Picard

Joshua Pignatiello

Gianna Polastry

Morgan Polite

Ryan Purnell

John Racine

Grace Rajpold

Ny'zhair Reddick

Owen Reid

Tyler Retchin

Dominic Rodriguez

Eden Rolfe

Isabella Roque

Madison Rougier

Grace Rustico

Marco Santos

Joseph Schubach

Nicolo Scibelli

Dominic Serafino

Angela Shvetsov

Jillian Stevens

Olivia Struthers

Brady Szymanski

Luke Teal

Brandon Thai

Christina Themistos

Destiny Torrey

Angelina Truoiolo

Chi Tu

Daniel Valentin

Jon VanIderstine

Ashley Violette

Marlie Wajda

Drucilla Wamala

Li Wang

Alexander Weldon

Isabella White

Paris Wright

Samuel Wychowski

Caleb Yeager

Muhammad Zain

CLASS OF 2026

Supporting Actors: Freshmen

President

Emerson Vigneux

Vice President

Samuel Sares

Secretary

Benjamin Zhao

Treasurer

Samia Awan

Member at Large

Benjamin Gumpert

"It's what you do right now that makes a difference."
-Black Hawk Down

Maiza Abid

Imaan Ali

Chace Allan

Kendall Allen

Aiden Allsop

Dominic Amato Jr

Maliha Awan

Samia Awan

Addison Bacon

Declan Baxter

Dylan Bean

Keira Bechard

Hayden Beecher

Cole Berthiaume

Olivia Boas

Lila Bond

Sophie Bouchard

Ava Brady

Jadon Brown

Christian Bui

Jennifer Bui

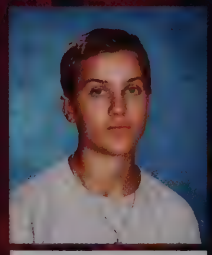
Roshika Bush

Eve Butler

Gianna Byron

Rita Capua

Ava Carabetta


Dominic Carando

Caitlin Card

Jeffrey Carlone

Thomas Carlone

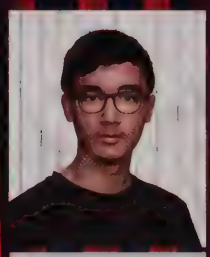
Kiara Chatman

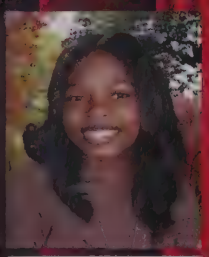
Mahki Chatman

Karis Cheung

Jenna Chisholm

Nathan Chisholm


Ryan Chung


Brielle Clark

Ally Cohn

Cypress Conroy-Monteith

Karissa Coppolo

Ryan Czerniak

Filip Czudec

Danielle Davis

Mary DeVoie

Jessica Dimichele

Natalie Dimichele

Emma Doldt

Brennen Douglas

Gavin Dubilo

Makenzie Dudley

Declan Dulchinos

Keagan Dunnigan

Hannah Eddy

Dominic Federici

Benjamin Fisher

Katelyn Fitzpatrick

Anna Flanagan

Giovanni Formica

Lincoln Gaboury

Sebastian Ganci

Eleanor Garceau

Nolan Garstka

Madison Gemme

Jayden Getant

Grace Gile

Mariah Gomes

Gavin Goncalves

Bella Gracien

Maelany Guilbe

Benjamin Gumpert

Lily Gurung

Isaiah Hamilton

Codi Hannah

Lauren Holmes

Kenneth Holmes III

Lillian Howell

San Huynh

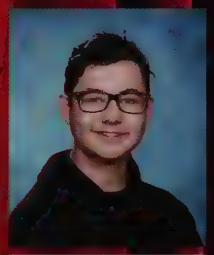
Tiffany Huynh

Luca Iacobucci

Peter Iellamo Jr

Kaiden Ingram

Ainsley Jackson


Cash Jackson

Grace Jarzabski

Saphyra Jean-Michel

Jessica Kane

David Kelley Jr

Michael Kogan

Lucas Kotomski

Sean Krol

Eva
La Flamme

Lucas
LaChapelle

Makayla
LaChapelle

Sophia
LaChapelle

Jaden
Lage

Greta
Langan

Lillian
Lieber

Cameron
Liquore

Aleksey
Lisovets

Artem
Lissitsine

Luke
Lonczak

Michael
Lonczak

Dylan
Longo

Javien
Lugo

Mason
Lynch

Sabina
Mackechnie

Andrew
Manning

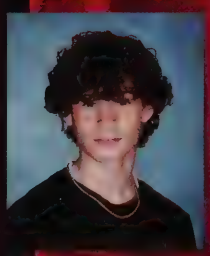
Anna
Martin

Caidan
Martin

Joseph
Mazza

Hailey
McCauley

Reilly
McCauley

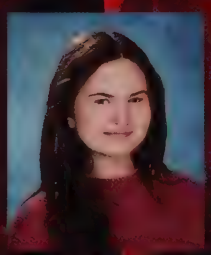

Joseph
McColgan

Lucas
McNally

Isabella
Meccia

Luke
Miller

Ava
Moltenbrey


Brianna
Mondor

David
Monroe

Grace
Moore

Avery Morgado

Isabella Morgado

Emily Moriarty

Kaylie Mudgett

Cameron Murray

Brooklyn Nai

Mckayla Negron-Maturo

Andy Nguyen

Lena Nguyen

Quynh-Anh Nguyen

Aidan Niziankowicz

Sean O`Neill

Mary Kathleen O`Rourke

Jordan Oduor

Alexis Oliveri

Lily Palmer

Jenna Panico

Mia Paschetto

Ellery Pelletier

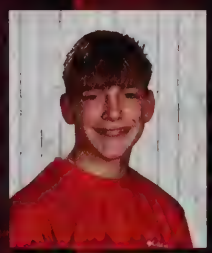
Jane Pelletier

Sophie Pena

Lorelei Philippi

Charlotte Poole

Haylee Portier


Landon Pratte

Tom Purcell

Tyler Reardon

Rosemary Reddemann

Tavion Rehbein

Keller Reid

Caleb Reilly

Casey Rioux

Coleman Rivera

Lindsey Rivers

Jakob Robidoux

Emma Roffe

Chloe Roumeliotis

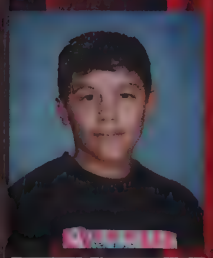
Noah Roy

Taylor Runyon

Noah Rushford

Madison Ryan

Nicholas Sadowski


Jace Santana

Alexander Santiago

Samuel Sares

Zachary Sares

Jacob Schmidt

Evangeline Schnabl

Christian Schuhlen

Anthony Scibelli

Luca Scibelli

Benjamin Seal

Allie Seals

Madelyn Searles

Jack Serafini

Cody Shaw

Robert Sheehan IV

Jayden Sinn

Declan Skiffington

Keith Slate

James Smith

Madelyn Smith

Emma Sousa

Tyler Stebbins

Logan Struthers

Kayson Szczepanek

Grace Tereso

Rowan Terzi

Sanai Thompson

Cameron Tougas

Brodie Truong

Khan Truong

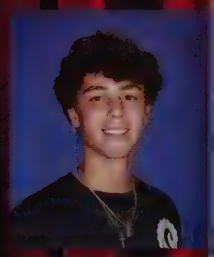
Vance Valenta

Vincent Van

Emerson Vigneux

Thomas Voisine

Isabel Wallace


Jack Walsh

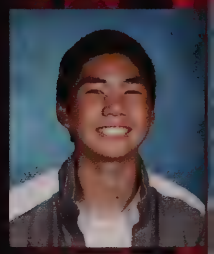
Kelli Weinberg

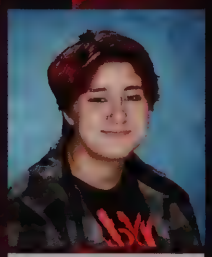
Janiyah Wilkerson

Noelle Willemain

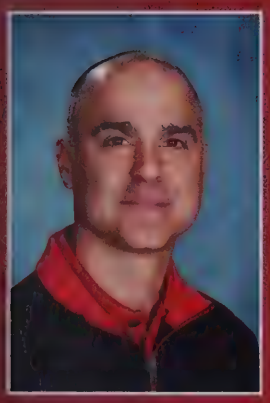
Noelle Wright

Larry Xu


Benjamin Zhao


Levi Zuzgo

The Directors

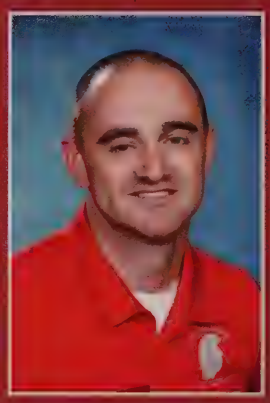


Marc Maccarini
Career Center

Kevin Magee
Athletic Director

Anne-Margaret Blain
Assistant Principal

Gary Wright
Assistant Principal



Frank Paige
Principal

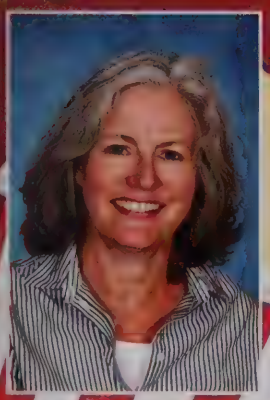
Melissa Freeman
Office Personnel

Elise Sacharczyk
Office Personnel

Kara Petrie
Office Personnel

Kaila Ochoa
Office Personnel

Bethany Meehan
Guidance Counselor



Janet Sullivan
Guidance Counselor

Shelby Matroni
Guidance Counselor

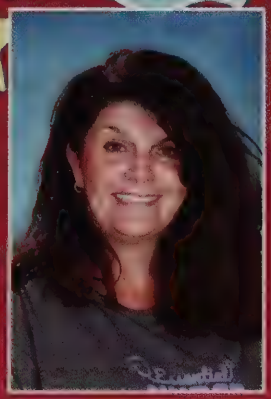
Lucrezia Illingsworth
Guidance Counselor

Daniel Kelleher
Adjustment Counselor

Carmen Velazquez
Office Personnel

Melinda Balut
Guidance Counselor

Daniel Myers
Library/Yearbook



Tia Mazza
Nurse

Melanie Dickson
Art

Cynthia Newsome
Art

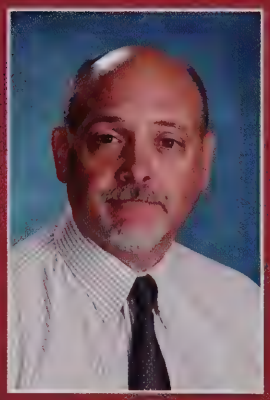
Marco Barbuti
Business

Nicolette Mushenko
Business

Dawn Quercia
Business

Cynthia Card
Consumer Science

Juanita Poole
Consumer Science



Mark Bail
English

Jennifer Goggin
English

Brian McVety
English

John Morrissey
English

Nicholas Sharon
English

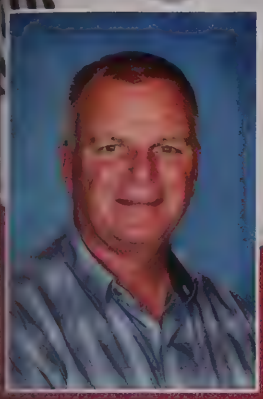
Julie Stark
English

Elizabeth Supranovich
English

Meghan Szczepanek
English

Emily Goda
English

Carol Forward
Fine Arts

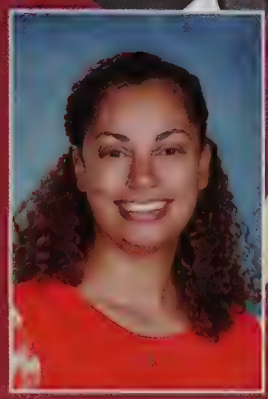


James Kiernan
Fine Arts

Jennifer Faulkner
Foreign Language

Thomas Howell
Foreign Language

Erina Nissenbaum
Foreign Language



Amarylis DeJesus
Foreign Language

Bonnie Rivera
Foreign Language

Brendan Abad
Health

Kristin Nordin
Health

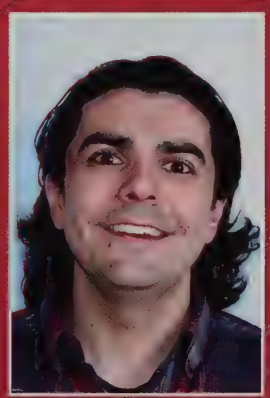
James Annear
Mathematics

Janis Clini
Mathematics

Regina Crane
Mathematics

Kerry Jean Derry
Mathematics

Leif Flory
Mathematics



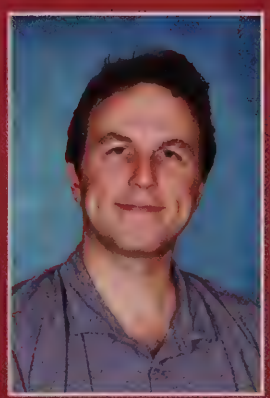
Brian Freeman
Mathematics

Karen Roy
Mathematics

Linda Kelly
Mathematics

William Phelan
Mathematics

Dina Houle
Science

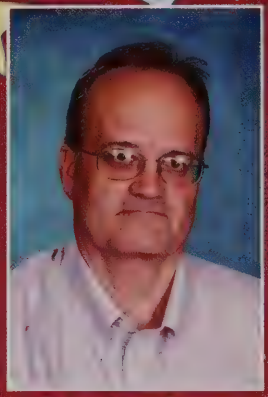


Trevor Agnitti
Science

Nikki Macgillivray
Science

Benjamin O'Connor
Science

Mary Jo Renear
Science

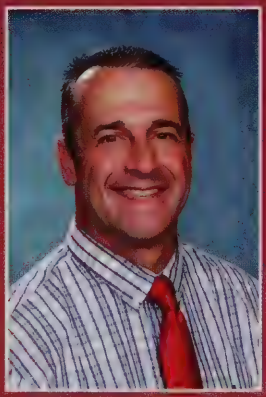


Peter Van Buren
Science

Katherine Wahlund
Science

Aneesa Tirsch
Science

Heather Burakiewicz
Social Studies



Darryn Izzo
Social Studies

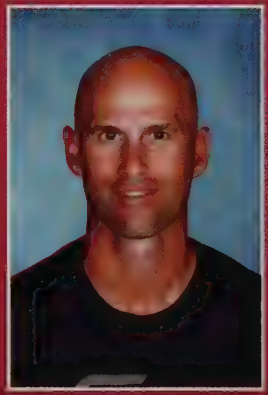
Abel Lee
Social Studies

Eddie Polk
Social Studies

Ashley Puls
Social Studies

Carolyn Ritter
Social Studies

Kristine Rueger
Social Studies



Timothy Gerry
Physical Education

Alisha Harlow
Physical Education

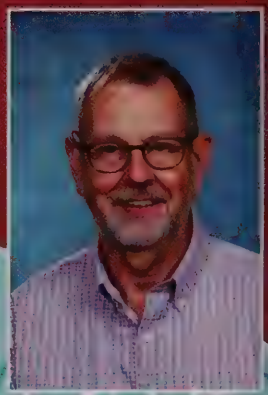
Peter Hyszczak
Physical Education

Diane Lussier
Physical Education

Diane Savacool
Athletic Trainer

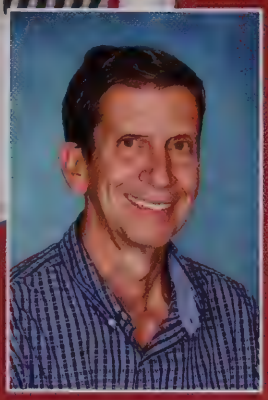
Andrew Giambrone
ESL Teacher

Daniela Laborre
School Psychologist



Donald Maki
TV Production

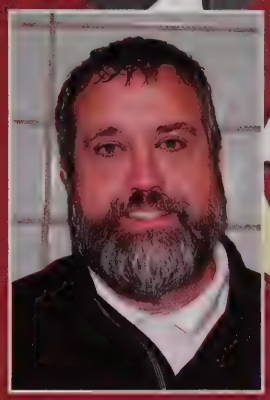
Todd Les
Technology Education



Thomas Walsh
Technology Education

Kara Gasperini
Special Education

Nicholas McGregor
Special Education



Roger McMinn
Special Education

Jennifer Milbier
Special Education

Maureen O'Brien
Special Education

Emily Roche
Special Education

Lynn Reid
Special Education

Maureen Tonelli
Special Education

Michael Morrisino
Special Education

Grace Allum
Paraprofessional

Elizabeth Bartlett
Paraprofessional

Diane Callahan
Paraprofessional

Joyce Conlin
Paraprofessional

Kevin Lennon
Paraprofessional

Christine Lyman
Paraprofessional

Nicole Gardey
Paraprofessional

Thomas Swiconek
Paraprofessional

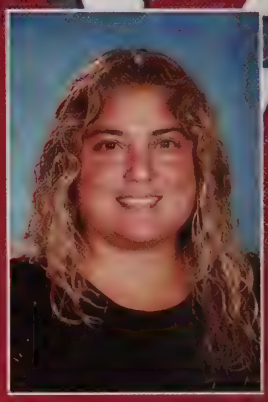
Megan Weiss
Paraprofessional

Victoria Kelliher
Paraprofessional

Karoun Charkoudian
Paraprofessional

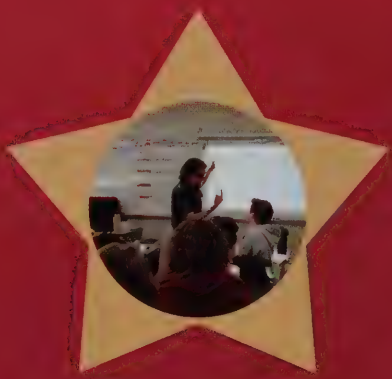
Mary Ann Rickson
Paraprofessional

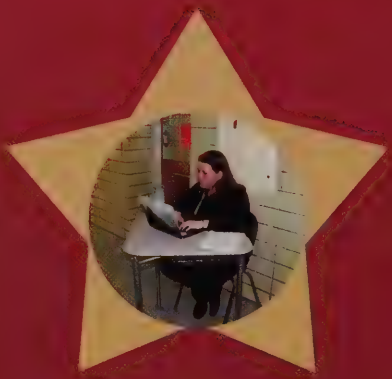
Diana Bail
Paraprofessional



Karla Thomas-Alcala
Paraprofessional

Connor Mentzer
Paraprofessional





a Spartan Production

Presents...

CLUBS

R	Rated RED
	Suitable for all Spartans

Lynn Reed

Key Club

John Burns, Muhammad Zain, Sarim Khan, Gwyneth Brunette, Karis Cheung, Molly Haller, Lily Gurung, Ariana Jones, Sophia Sares, Grace Butler, Emerson Vigneux, Beckett Vigneux, Samuel Sares, Isabella Capua, Madelyn Moriarty, Miya Casiello, Lilah Cushman, Audrey O'Neill, Ashlee Stanek, Brodie Truong, Anna French, Jayden Sinn, Vivian Poole, Addison Rushford, Isabella Charette, Sophia Panasci, Hannah Willetts, Reilly McCauley, Gianna Byron.
Not Pictured: Lauren Condike, Karissa Coppolo, Danielle Davis, Jessica Dimichele, Natalie Dimichele, Ava Gile, Jessica Kane, Charles Klatka, Benjamin Luu, Anna Martin, Nevaeh Martin, Hailey McCauley, Avery Morgado, Isabella Morgado, Amy Nguyen, Quynh-Anh Nguyen, Madison Rougier, Imaan Ali, Emmanuela Anwuzia, Maliha Awan, Samia Awan, Cole Berthiaume, Sophie Bouchard, Gianna Byron, Bella Cava, Ashley Violette, Marlie Wajda, Samuel Wychowski.

Key Club is an International Community Service Organization run through Kiwanis International. The ELHS Key Club strives to help our community and give back to those in need and the community. We help our community through many different town-run programs, as well as host our own events. Each year we select a charity and we donate all proceeds and organize school activities and teacher appreciation events throughout the year.

Pink Ribbon Club

Top Row: Braedin Dobek, Andrew Nolan, Abdullah Ahmad, Mia Meccia (President), Morgan Martin.
Middle Row: Olivia Helberg, Sara Bolton, Gilda D'Ascoli (President), Taylor DeFlorio, Juliana Swain, Benjamin Luu, Sophia Panasci, Emily Baker.
Bottom Row: Molly Reilly, Maggie Stevens, Emma Stevens, Brittney Hrdlicka.

Not Pictured: Maliha Awan, Samia Awan, Jamie Bellerose, Benjamin Biggins, Eve Butler, Mianna Calabrese, Frank Capaccio, Isabella Capua, Amaya Carrion, Isabella Charette, Sophia Chmura, Michaela Coltey, Lilah Cushman, Amelia Czudec, Gabriella D'Ascoli, Mikayla DeFlorio, Tess Denault, Mary DeVoie, Audrey Donahue, Destinee Fox, Anna French, Emma Gosselin, Molly Haller, Carolyn Harju, Eliza Iacobucci, Gabriella Illingsworth, Sarim Khan, Charles Klatka, Kayleigh Lukasik, Alison Manley, Ryleigh Manley, Hailey McCauley, Isabella Meccia, Jack Merrigan, Santino Nai, Quynh-Anh Nguyen, Audrey O'Neill, Brianna Ottoson, Nina Pandolfi, Charlotte Poole, Vivian Poole, Grace Rajpold, Adrienne Rioux, Elizabeth Roman, Addison Rushford, Gabriel Saavedra, Samuel Sares, Jayden Sinn, Declan Skiffington, Ashlee Stanek, Jillian Stevens, Brendan Stone, Olivia Sweeny, Angelina Truoiolo, Brodie Truong, Khan Truong, Kayden Van, Emerson Vigneux, Allyson Voight, Julieann Voight, Hannah Willetts.

The Pink Ribbon Club is an international symbol of Breast Cancer Awareness. The PRC at ELHS strives to bring awareness and support to those battling Breast Cancer. Our goals are to increase awareness, provide community service opportunities for students, and most of all; to raise funds in the fight against Breast Cancer.

Mary Jo Renear

Model Congress

William Phelan

Top Row: Victoria Mazzaferro, Audrey O'Neill, Ella Jarzabski, Lilah Cushman, Beckett Vigneux, John Fitzpatrick, Connor Donovan, Gabriel Saavedra
Bottom Row: Adler Johnston, Daniel Magiera, Anna Flanagan, Nevaeh Afonso, Sandrine Alouidor
Not Pictured: Lukas deBlok, Andrew Preye, Daniel Nkalubo, Oluwafunmilayo Coates, Trevor Szczepanek, Sarah Daponde, Ashlee Stanek, Addison Rushford, Maliha Awan, Samia Awan, Sophie Bouchard, Karis Cheung, Karissa Coppolo, Isabella Giard, Bella Gracien, Keeley Kaye, Charles Klatka, Lily Palmer

Model Congress is a club devoted to debating current events and public policy. In Model Congress, members simulate the experience of a true legislator. As a club, we draft legislation on issues that matter most to members, debate that legislation, and work together to improve and pass our bills. Members attend conferences at local colleges such as AIC and UMass, as well as host area schools in competitions to meet like-minded future legislators and participate in friendly rivalries.

Math Team

William Phelan

Carolyn Harju, Jillian Stevens, William Beagle, Andrew Lonczak, Ryan Chen, Jon VanIderstine.
Not Pictured: Emma Gosselin, Cash Jackson, Katie Knowe, Madelyn Moriarty, Amy Nguyen, Morgan Polite, John Cooper.

Math Team meets to compete in-house, showcasing skills such as attending to precision, modeling with mathematics, and reasoning both abstractly and quantitatively. Students compete at all levels, from freshmen to seniors, challenging themselves to persevere through difficult mathematical applications. Students compete against schools in structured meets, earning points through both their accuracy and speed.

As Schools Match Wits

Mark Bail

John Fitzpatrick, Benjamin Luu, Gabriel Saavedra, Audrey O'Neill.

The As School Match Wits team took on Frontier Regional High School this year. Neither team scored enough points to advance, but we had a great time. In addition to competing in the now more than 60 year-old television quiz show, the team competed for the first time in the Pope Francis High School Blender Bowl. A knowledge-based competition between a dozen area high schools, the event is purely for fun.

Business Club

Thomas Walsh

Declan Dulchinos, Filip Czudec, Natalie DiMichele, Jayden Sinn, Sanai Thompson, Gloria Wesonga (Treasurer), Sage Lu (Secretary), Oluwafunmilayo Coates, Daniel Nkalubo, Emmanuela Anwuzia (Vice President), Drucilla Wamala.
Not Pictured: Maiza Abid, Imaan Ali, Maliha Awan, Samia Awan, Jessica DiMichele, Sonia Kerongo, Michael Mendrala, Grace Wesonga (President).

The focus of the Business Club is to learn and discuss noteworthy practices and occurrences in the business world. The Business Club also puts what is learned into practice, specifically in the fundraisers that it runs.

Here Comes Treble

Carol Forward

Back Row: Cheyenne Bissonnette, Allie Seals, Olivia Boas, Roshika Bush
Front Row: Gianna Stirlacci, Michaela Coltey, Emma Doldt, Brooklyn Nai
Not Pictured: Emma Roffe, Jenna Huynh, Natalie Merrick, Roshna Bush

Open to all female students, Here Comes Treble allows them to perform popular songs with others who have a passion for singing in a stress free, fun space.

Newspaper Club

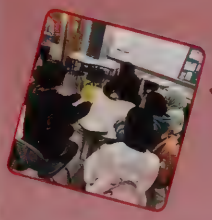
Mark Bail

Braedin Dobek, Brendan Stone, Mia Meccia, Allyson Voight, Abigail LePage, Rebecca Pelletier, Lorraine Cloutier, Julieann Voight, Mandolyn Harris, Benjamin Luu

In the Newspaper Club, students learn skills in journalism and then apply them in articles they write for the paper. The Spartan Spectator is East Longmeadow High School's online school newspaper. These students also meet to discuss a variety of topics and current events.

Student Diversity Club

Eddie Polk

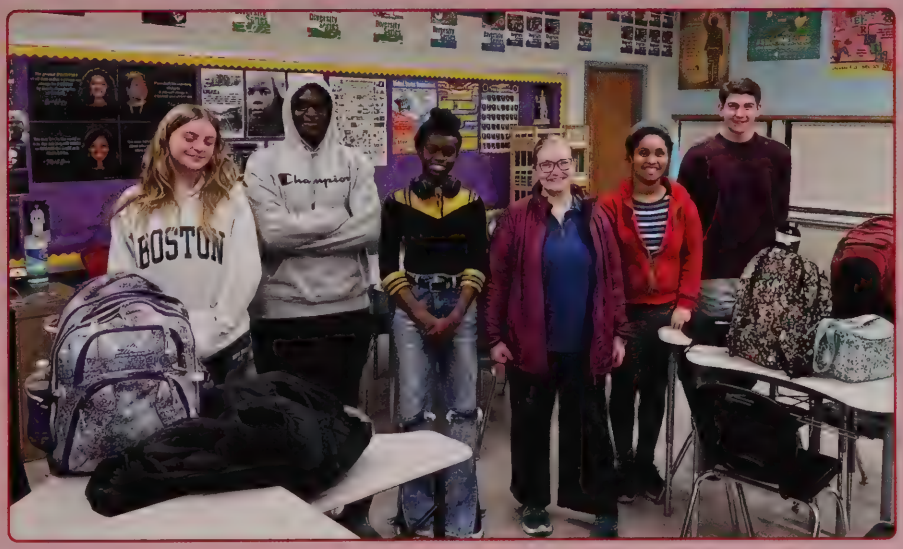


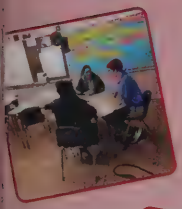
Samia Awan, Maliha Awan, Imaan Ali, Khlood Awan, Lara Chebotarev, Lana Xu
Not Pictured: Keeley Kaye, Kenneth Holmes, Lila Bond.

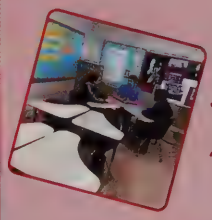
The vision of the Student Diversity Club at East Longmeadow High School is to promote cultural literacy, as well as respect and appreciation for the spirit of diversity through working toward goals that are inclusive to all cultures, while fostering an environment that is supportive of differences. Through these endeavors, we will strive to enhance the minds and expand the cultural well-being of members of the club and the school community at large.

Political Science Club

Eddie Polk







Lilah Cushman, Daniel Nkalubo, Oluwafunmilayo Coates, Anna Osborne, Sandrine Alouidor, John Fitzpatrick
Not Pictured: Nevaeh Afonso, Ariana Suse, Kaelyn Manley, Sarah Daponde, Timothy Rodrigues, Alexandria Callahan, Andrew Preye, Ava Carabetta, Ava Gile, Colton Bechard, Bella Gracien, Connor Donovan, Ava Brady, Emma Doldt, Gabriel Saavedra, John Cooper, Kendall Allen, Khan Truong, Melody Gonzalez, Michaela Coltey, Molly Haller, Morgan Polite, Seamus Oldenburg, William Beagle, William Preye.

The Political Science Club is a student led club that focuses on the interests and pursuits of students interested in politics. Conversation topics range from political issues and electoral politics to public service and geopolitics. The Political Science Club is committed to contributing to a sense of community at ELHS.

Carol Forward

Chorus

Back Row: Andrew Preye, Austin Barney III, Casey Rioux, Cody Robb, Mia Malave, Olivia Boas
Middle Row: Emaleigh Dunbar, Michaela Coltey, Natalie Merrick, Eleanor Garceau.
Front Row: Carol Forward, Elizabeth McDonald, Xavier Torres, Eryka Cole, Sophia LaChapelle, Jenna Hunyh, Lillian Lieber, Mya (Leigh) Hurtado, Abby Thompson.

Open to any and all students within the high school, the chorus allows anyone with a love or passion for singing to join and be involved. Whether your an alto, soprano or baritone, there's something for everyone!

Women Empowerment Club

Top: Madelyn Moriarty, Vivian Poole, Allyson Voight, Julieann Voight, Sophia Sares, Emily Harris, Mandolyn Harris.
Bottom: Sophia Panasci, Anna French, Julia Boucher (President), Nevaeh Afonso.
Not pictured: Keeley Kaye, Samantha Ahlberg, Emmanuela Anwuzia, Khlood Awan, Maliha Awan, Samia Awan, Basmalh Azzawi, Stella Carrano, Miya Casiello, Isabella Charette, Michelle Croken, Lilah Cushman, Gilda D'Ascoli, Mikayla DeFlorio, Taylor DeFlorio, Jessica Dimichele, Natalie Dimichele, Mackenzie Dudley, Ava Fox, Isabella Giard, Ava Gile, Bella Gracien, Lily Gurung, Molly Haller, Eliza Iacobucci, Ella Jarzabski, Ashley Kahi, Sonia Kerongo, Jolene Koshy, Alison Manley, Eleanor Mara, Morgan Martin, Nylah McCloud, Quynh-Anh Nguyen, Ellery Pelletier, Sophie Pena, Alisha Ramesh, Addison Rushford, Madelyn Smith, Ashlee Stanek, Nicole Vo, Kelsea Voyik, Noelle Willemain.

The East Longmeadow Women Empowerment Club (WEC) was founded in the fall of 2019. It started small, with just a few girls meeting once per week to discuss issues important to them. As the club has continued, we have met in-person but also online during isolation to talk about those same issues and helping each other out in any way possible.

The WEC loves to talk about current events but also support each other - many students use this club as a breather from their stressful lives. Our club has done many activities and fundraisers including the Prom Dress Sale as well as Candygrams around Valentine's day. The club also maintains an active Instagram account (@elhswomen) and our members take turns "taking over" the account and nominating and posting tributes to women selected for our weekly "Women Crush Wednesday" initiative.

This school year, the club has maintained its membership and momentum as years prior. We meet weekly in Ms. Quercia's room on Mondays. We come together in fellowship and are always looking for new members to join us as we celebrate and honor our club's mission statement: "As the Women Empowerment Club, it is out mission to help the East Longmeadow High School community understand female perspectives by providing a safe space and platform to support and empower women."

Dawn Quercia

Heather Burakiewicz

Student Council

Top Row: Andrew Preye, Eva LaFlamme, Maliha Awan, Natalie Dimichele, Allie Seals.
Middle Row: Jillian Stevens, Victoria Mazzaferro, Sandrine Alouidor, Madelyn Moriarty, Basmalh Azzawi, Samantha Caldbeck, Abigail Pevay, Imaan Ali.
Bottom Row: Sage Lu, Lilah Cushman, Julia Boucher, Jolene Koshi, Emma Roffe.

The student council is a student organization which represents the entire school body. The main purpose of student council is to promote a better understanding among the students, the faculty, the administration, and the community, and to increase school spirit. Throughout the year, this organization sponsors numerous activities and programs. In addition, council members attend regional and state conferences of student council organizations throughout the year.

National Honor Society

Top Row: Conner Robidoux, Andrew Oliveri, Jack Forsyth, Ben Cangemi, John Rucci, Connor Knee, Vincent Borello, Thomas Fitzgerald, Nolan Moore, John Fitzpatrick, Allyson Voight, Ashley Kahi, Abbey Brunette, Julia Boucher, Lara Chebotarev, Emily Harris, Molly Haller, Mandolyn Harris, Stephanie Saykin, Ava Devenitch, Eric Wing, Tyler Zalewski
Second Row: Gabe Allsop, Nick Bradley, Miya Casiello, Emily Baker, Hannah Willetts, Maggie Stevens, Audrey O'Neill, Emma Stevens, Amelia Czudec, Erin Peteros, Lauren Card, Nicole Vo, Sophie Sares, Morgan Martin, Lana Xu.
Third Row: Sarah Daponde, Katie Knowe, Ben Luu, Isabella Medina, Madelyn Moriarty, Sophia Dow, Vivian Poole, Anna French, Addison Rushford, Sophia Panasci, Averi Stebbins, Victoria Mazzaferro, Sandrine Alouidor, Lilah Cushman.
Bottom Row: Dan Magiera, Gabriel Saavedra, Andrew Nolan, Jack Merrigan, Connor Donovan, Taylor DeFlorio, Gilda D'Ascoli, Eliza Iacobucci, Kayleigh Lukasik, Molly Reilly, Lorraine Cloutier, Olivia Helberg.
Not Pictured: Nick Ferguson, Nick Carlone, Khlood Awan, Alec Cangemi, Brady Dobek, Keeley Kaye, Chad O'Brien, Julieann Voight, Ella Jarzabski, Brigid Jordan.

The National Honor Society recognizes and encourages academic achievement. It focuses on the ideals of scholarship, service, leadership, and character. All of these members maintain a grade point average of 4.20. In addition, they are all involved in a variety of activities inside and outside of school that exhibit the ideals of NHS.

Julie Stark

Environmental Club

Nikki McGillivray

Jenna Chisholm, Timothy To, Lauren Card, Melody Gonzalez, John Cooper, Jacob Focosi, Devin Lemont.
Not pictured: Kendall Allen, Ava Carabetta

This is a club where we come together to look closer at plant life, the environment, simple things to do to help the environment, experiments, or just things to connect to one another. We do activities like baking vegetarian meals, going on hikes, community service cleanup activities, play games, and whatever else we think might be fun or informative!

Recycling Club

Nikki McGillivray

Janiyah Wilkerson, Tiffany Huynh, Cody Robb, Finn Ni, Delilah Martin, Melody Gonzalez, Charlie Partelow.

Collecting community service hours one earth friendly day at a time! Recycling club is a weekly get together with friends to walk around the school, collecting the various recycling, and collecting community service hours.

Science Team

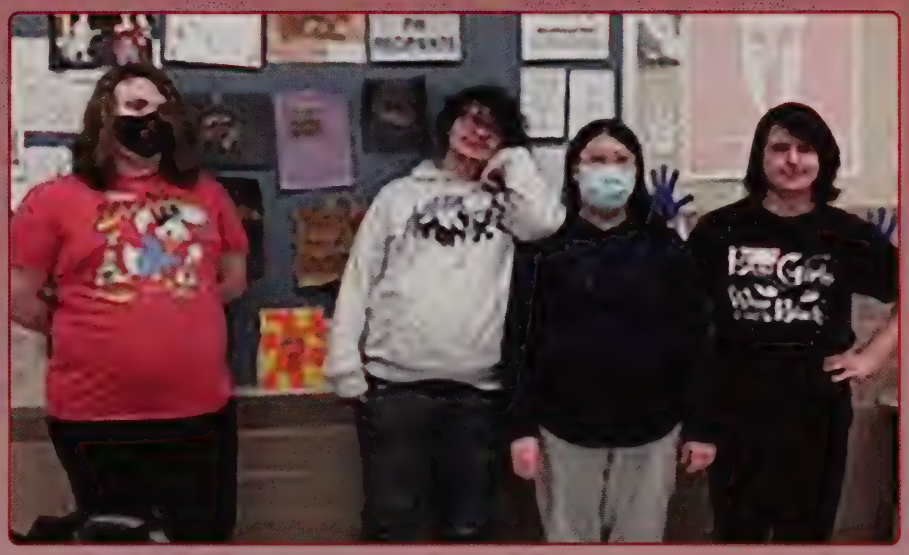
Nathan LaFlamme, Porter Carroll, Samir Khan, Lucas Mantoni, Jack Cooper, Jacob Schmidt, Cassandra Callahan, Ryan Chung, Cypress Conroy-Monteith.

The East Longmeadow High School Robotics Team competes in the VEX Robotics Challenge. This year we competed in competitions in Connecticut, and Massachusetts. In the 15 years that the club has existed, we have competed in the VEX Robotics World Championship on numerous occasions against teams from all over the world.

Peter Van Buren

GSA

Jennifer Faulkner



Austin Rosso, Rowan Terzi, Teresa Ni, Ryan Martin.

GSA (Gender and Sexuality Alliance) is a group of students that work to make ELHS a safer, more inclusive place for all students, particularly members of the LGBTQ+ community, through education and activism. The GSA provides support for students who have felt excluded on the basis of gender or sexuality and offers opportunities for making friends and spending time with other students who are committed to LGBTQ+ inclusion.

Fitness Club

Abel Lee

Christian Harding, Matt Griffin, Preston Longo, Kaiden Martin, Kevin Baker, Brandon Phillips, Jake Maurer.

The Fitness Club is open to ALL students at ELHS who would like to come and learn about the benefits of strength and conditioning. We emphasize safe lifting techniques, explosive training and agility work to benefit athletes or those who just want to better themselves. The objective of the club is to create a safe and productive environment that will be conducive to the ELHS community.

Gaming Club

Thomas Howell

Santino Nai, Alexandra Surrette, Micheal Naglieri, Anthony Falvo, Finn Ni, Ethan Sherman, Not Pictured: Molly Mckittrick, Delilah Martin, William Preye, Andrew Preye, Jack Cooper, Ben Fisher, Dylan Tilden, Jon VanIderstine, Ben Gumpert.

The Gaming Club's main goal is to play Dungeons and Dragons.

Acafellas

Carol Forward

Benjamin Fisher, Nathan Chisholm, William Preye, Ethan Sherman, Andrew Preye. Not Pictured: Austin Barney III, Xavier Torres.

Open to any and all male students, the Acafellas allows any guy with a love and passion for singing to come and sing with others in a safe, comfortable environment.

James Kiernan

Band

Top Row: Emanuel Garcia, Daniel Kirchner Andrew Lonczak, Anthony Del Padre, Jacob Miller, Conner Robidoux.Second Row: Madelyn Moriarty, Savannah Meyer, Mikayla DeFlorio, Anna French, Sophia Panasci, Katie Knowe, Vivian Poole, Emerson Pelletier, Sarah Daponde, Anna Turnberg. Third Row: Jameson Beecher, Ellery Pelletier, Sophie Pena, Madelyn Smith, Sanai Thompson, Isabella Charette, Ashlee Stanek, Cassandra Callahan, Morgan O'Brien, Wang Li, Marlie Wajda, Kitty Li. Bottom Row:Luke Lonczak, Michael Lonczak, Sebastian Ganci, Benjamin Gumpert, Ethan Sherman, Jon VanIderstine, Will Harju, Jillian Scully, Mateo Tapia Delgado.

Not Pictured: Benjamin Mannheim, Landon Robidoux, Jacob Schmidt.

The ELHS Concert Band performs a wide array of music from Pep Band music at football games, to traditional concert music, film scores and contemporary music. Band is a class full of talented musicians with a passion for music. Within this group, we range from Flutes and Clarinets, to Saxophones, Trumpets, Trombones, Percussion and more! Band performs many pieces ranging from rock, Broadway, and classical. When performing, the band becomes family, and the amazing experiences are never ending.

Jazz Band

Top Row: Gabriel Martin, Tyler Zalewski, Adler Johnston, Ella Jarzabski, Emanuel Garcia, Ashlee Stanek, Daniel Kirchner, William Beagle, Colin Moran, Brady Szymanski, Eric Wing
Bottom Row: Benjamin Martin, Jillian Scully, Jameson Beecher, Cassandra Callahan, Sarah Daponde, Abigail Reyor, Natalie Merrick, Connor Knee.

Not Pictured: Nicholas Borjas

The ELHS Jazz Band is a talented music group committed to playing the works of jazz. The Jazz band was featured in this year's Spartanum and always manages to blow everyone away!!

James Kiernan

James Kiernan

Orchestra

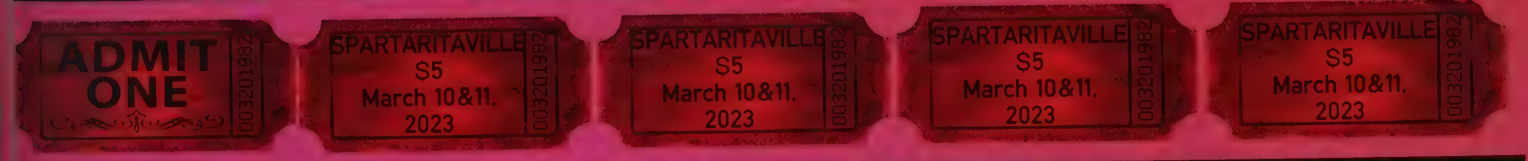
Top row: Jenna Chisholm, Kendall Allen, Ava Carabetta, Cole Berthiaume, Madelyn Searles, Benjamin Fisher, Nathan Chisholm, Olivia Boas, Mr. J.P. Kiernan
Second row: Brodie Truong, Ava Brady, Aleksey Lisovets, Andy Nguyen, Porter Carroll, Evangeline Schnabl, Noelle Runyon, Anthony Scibelli, Emma Doldt,
Bottom Row: Jack Tudryn, Andrew Preye, Oluwafunmilayo Coates, Sandrine Alouidor, Victoria Mazzaferro, William Preye, Benjamin Zhao, Lorelei Philippi, Ally Cohn

The ELHS Orchestra performs concerts throughout the year that feature classical music, film scores, music from Broadway shows, and contemporary pieces. Orchestra is a close knit group of very talented musicians from all grades. Every year there is new members with something to offer to the group. The orchestra is full of stringed instruments:Violin, Viola, Cello, and Bass.

COMING UP...

THE GREATEST SHOW OF THE YEAR!

Every year, the Spartan Cinema presents to the EL community a two night spectacular show. The students of ELHS display their talents in an entertaining extravaganza bound to have your eyes glued to the stage!



Spartan Cinema Presents...

SPARTARITAVILLE

Spartaritaville
Spartaritaville
Est. 2023

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Congratulations to the Class of 2023!

You are living and breathing miracles. We are grateful for the blessings you have been and the blessings you always will be in the future. Please know that we are always here to love and support you here at the Saint Michael's Community.

Your friends in Christ,
Fr. Wayne Biernat and Mrs. Beth Chase

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Congratulations to the Class of 2023

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Congratulations to the Class of 2023!

A special congratulations to our DeNardo's graduating staff and the Class of '23!

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Congratulations to the 2023 senior class!

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Goodchild and The Class of
2023!

Congratulations

to AJ Morgado and the Class of 2023!

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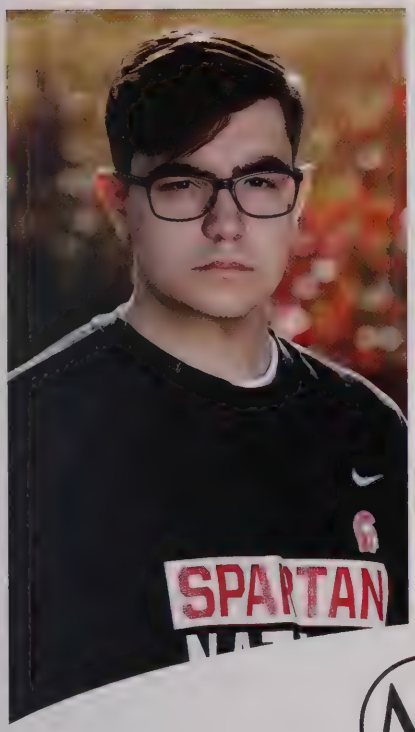

MICHAEL EPAUL
PHOTOGRAPHY

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Congratulations Class of 2023!

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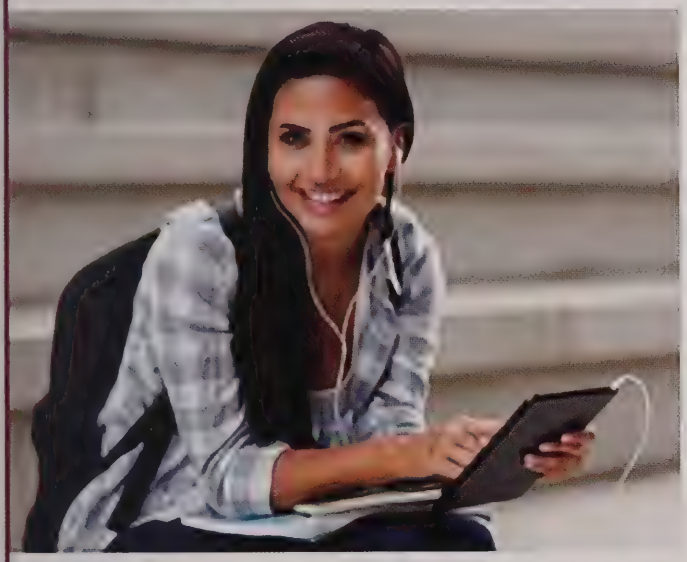
CONGRATULATIONS CLASS OF 2023



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Good luck to the class of 2023!
A special congratulations to our seniors:
Emma Raschilla, Ryleigh White, Abigail Parsons, Sophia Bellucci, Nolan Moore, Anthony Bearse-Medina, Jeffrey Rosenkranz and James Langevin!

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For more information, please contact:
Juanita Poole
Email: juanita.poole@eastlongmeadowma.gov

Congratulations to all the "Bigs" in the class of 2023!

Congratulations and best wishes to the Class of 2023!

-The Yearbook Staff

Porter Road Pet Care

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Good luck and best wishes to the Class of 2023!

Congratulations to our girl Kayleigh Lukasik and the rest of the class of 2023!

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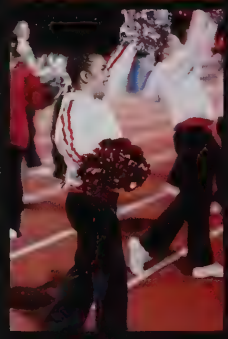
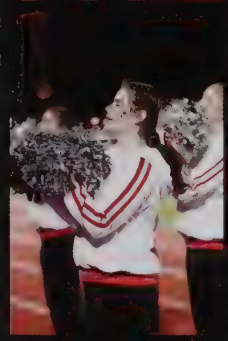




Fall Cheer

Top Row: Grace Tereso, Kaylie Mudgett, Emma Roffe, Gianna Stirlacci, Marthe Diguet-Cadieu, Ashlee Stanek, Michelle Croken, Savannah Meyer, Eleanor Garceau
Bottom Row: Jolene Koshy, Lizbeth Padilla, Mandolyn Harris (Capt.), Olivia Sweeny (Capt.), Angelina Riggio, Helena O'Connor (Capt.), Isabella Cava

Captains

Mandolyn Harris, Olivia Sweeny, & Helena O'Connor

Seniors

Jolene Koshy, Lizbeth Padilla, Mandolyn Harris, Olivia Sweeny, Helena O'Connor, Angelina Riggio, & Isabella Cava

"THIS IS NOT A DEMOCRACY. IT'S A CHEEROCRACY"

Winter Cheer

Top Row: Ashlee Stanek, Gianna Stirlacci, Asia Ware, Emma Roffe
Middle Row: Savannah Meyer, Michelle Croken, Marthe Diguet-Cadieu, Miya Casiello, Jenna Chisholm
Bottom Row: Isabella Cava (Capt.), Olivia Sweeny (Capt.), Angelina Riggio (Capt.), Helena O'Connor (Capt.)
Not Pictured: Lizbeth Padilla (Capt.)

Captains/Seniors

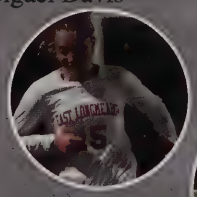
Helena O'Connor, Angelina Riggio, Isabella Cava, & Lizbeth Padilla

- BRING IT ON

Girls Soccer

Varsity

Top Row: Kennady Marino, Caroline Lukasik, Maggie Stevens, Jillian Stevens, Emma Sousa, Grace Moore, Aleigh Thompson, Adelaide Jordan, Sabina Mackechnie, Emerson Vigneux
Middle Row: Emma Stevens, Megan Morneau, Elizabeth Roman, Ava Mendes, Isabella White
Bottom Row: Mia Meccia, Brigid Jordan, Taylor DeFlorio (Capt.), Kayleigh Lukasik (Capt.), Tia Tollis, Abigael Davis



Captains

Taylor DeFlorio & Kayleigh Lukasik

Seniors

Top Row: Abigael Davis, Brigid Jordan, Mia Meccia, Tia Tollis
Bottom Row: Taylor DeFlorio, Kayleigh Lukasik

"DO YOUR BEST. THAT'S ALL ANYBODY CAN ASK FOR." -REMEMBER THE TITANS

Junior Varsity

Top Row: Camryn LePage, Madeline Lunsford, Angela Shvetsov, Chloe Roumeliotis, Nina Pandolfi, Gabriella D'Ascoli, Angelina Truoiolo, Mary DeVoie
Middle Row: Adrianna Stambovsky, Lena Bertelli, Amelia Czudec, Destinee Fox, Brittney Hrdlicka
Bottom Row: Anna Kulenok, Ava Moltenbrey, Gianna Byron, Emma Doyle

Freshmen

Top Row: Hannah Eddy, Isabella Morgado, Isabella Meccia, Reilly McCauley, Grace Jarzabski, Anna Martin, Madison Gemme, Maelany Guilbe
Bottom Row: Eve Butler, Avery Morgado, Mia Paschetto, Lindsey Rivers, Sanai Thompson, Anna Flanagan

Boys Soccer

Varsity

Top Row: Luca Scibelli, Shane Smith, Zachary Richard, Samir Khan, William Doyle, Pasquale D'Ascoli, Joseph Presnal, Andrew Oliveri, Tyler Retchin, Joseph McColgan
Middle Row: Anthony Morgado, Nicholas Bradley, Jack Merrigan, Ryan Richards, Augostino Mazza, Brendan Stone, Samuel Hanley, Tyler Dudley
Bottom Row: Joshua Reilly (Capt.), Benjamin Biggins (Capt.), Michael Monroe (Capt.)

Captains

Joshua Reilly, Michael Monroe, Benjamin Biggins

Seniors

Top Row: Anthony Morgado, Nicholas Bradley, Jack Merrigan, Ryan Richards, Augostino Mazza, Samuel Hanley, Brendan Stone, Tyler Dudley
Bottom Row: Joshua Reilly, Benjamin Biggins, Michael Monroe

"KA-CHOW!" -CARS

Junior Varsity

Top Row: Anthony Pandolfi, Francisco Pablo De La Flor Santaella, Isaiah Hamilton, Mateo Delgado, Nico Scibelli, Keagan Dunnigan, Jack Walsh, David Monroe, Dominic Carando
Bottom Row: Luke Lonczak, Eastwood Twum-Barima, Brennen Douglas, Dylan Curtis, Filip Czudec, Vince Nguyen, Michael Lonczak

Boys Cross

Top Row: Jameson Beecher, Malin Gitau, Nolan Moore, Connor Knee, John Rucci, Jack Langan, Charles Klatka (Capt.), Jack Williamson, Levi Albert
Middle Row: John Burns, Samuel Wychowski, Lucas Kotomski, Caleb Reilly, Hayden Beecher, Jacob Schmidt
Bottom Row: Joshua Kirchner, Colby Law, Ben Cangemi (Capt.), Andrew Violette (Capt.), Sergio Ospino, Benjamin Martin (Capt.), Kyle Gauthier Jr.

Captains

Andrew Violette, Benjamin Martin, Ben Cangemi
not pictured: Charles Klatka

Seniors

Ben Cangemi, Joshua Kirchner, Benjamin Martin, Colby Law, Andrew Violette, Kyle Gauthier Jr, Sergio Ospino

"IT COMES DOWN TO WHICH RUNNER CAN HANDLE THE PAIN."

Country Girls

Top Row: Audrey O'Neill, Addison Rushford, Samantha Edwards, Nevaeh Afonso, Ashley Violette, Hailey McCauley
Bottom Row: Alisha Ramesh, Eleanor Mara, Emily Baker, Julieann Voight, Lauren Condike

Captain

Emily Baker

Seniors

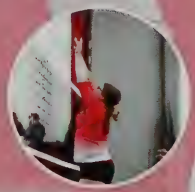
Lauren Condike, Eleanor Mara, Julieann Voight, Alisha Ramesh

-MCFARLAND, USA

Girls Volleyball

Varsity

Top Row: Ashley Kahi (Capt.), Isabella Giard, Samantha Ahlberg, Allyson Voight (Capt.), Sophia Dow, Mackenzie Corl, Roshna Bush
Bottom Row: Ella Jarzabski, Isabelle Longo, Adrienne Rioux, Sophia Taylor, Miya Casiello



Captains

Ashley Kahi & Allyson Voight

Seniors

Ashley Kahi, Isabella Giard, Samantha Ahlberg, Allyson Voight, Sophia Dow, Mackenzie Corl, Roshna Bush

"OUR DEEPEST FEAR IS NOT THAT WE ARE INADEQUATE. OUR DEEPEST FEAR IS THAT WE ARE POWERFUL BEYOND MEASURE."

Junior Varsity

Top Row: Victoria Ahlberg, Gwyneth Brunette, Sophie Doyle, Madelyn Smith, Graciella Coughlin, Evangeline Schnabl
Bottom Row: Allyson Crimmins, Lily Gurung, Lillian Howell, Kendall Allen, Saphyra Jean-Michel

Freshmen

Top Row: Sophie Pena, Ellery Pelletier, Karissa Coppolo, Natalie DiMichele, Imaan Ali, Danielle Davis
Middle Row: Mckayla Negron-Maturo, Sophie Bouchard, Bella Gracien, Jessica DiMichele, Samia Awan
Bottom Row: Noelle Willemain, Rosemary Reddemann, Emma Doldt, Maliha Awan

-COACH CARTER

Foot

Top Row: Dylan Longo, Luke Miller, Ryan Czerniak, Aidan Niziankowicz, James Smith, Aleksey Lisovets, Jaden Lage
Second Row: Kaiden Ingram, Jadon Brown, Makenzie Dudley, Tavion Rehbein, Vincent Van, Lincoln Gaboury, Caidan Martin, Jakob Robidoux, Landon Robidoux
Third Row: Eric Cole (Capt.), Sean Krol, Mike Kogan, Zach Sares, Mason Grasso, Dominic Serafino, Gabe Martin, Porter Carroll, Jake Miller, Braden Gotta
Fourth Row: Asia Schaeffer, Cole Johnson, Dominick Gamelli, Franco Guimaraes, Robert Cunningham, Christian Harding, Preston Longo, Nolan Griffin, William DeVoie, Matthew Griffin
Fifth Row: Shane Becker, Garrett Donahue, Liam Barry, Mason Polite, Nolan Moore, Daniel Magiera, Cade Boydston (Capt.), Isaiah King, Nicholas Ferguson
Sixth Row: Gabriel Allsop (Capt.), Conner Robidoux (Capt.)

Captains

Conner Robidoux, Cade Boydston, Gabriel Allsop and Eric Cole

Seniors

Top Row: Landon Robidoux, Nolan Moore, Cade Boydston, Nicholas Ferguson, Liam Barry, Mason Polite
Bottom Row: Dylan Grasso, Isaiah King, Conner Robidoux, Gabriel Allsop, Daniel Magiera

"WHATEVER DOESN'T KILL YOU, SIMPLY MAKES YOU...STRANGER."

ball

- THE JOKER

Field Hockey
Varsity/Junior Varsity

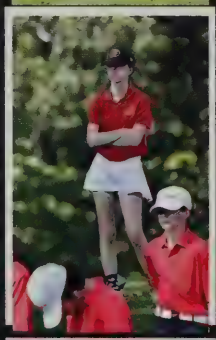
Top Row: Caitlin Card, Greta Langan, Eva LaFlamme, Charlotte Poole, Amaya Carrion, Jane Pelletier, Vivian Poole, Ashley Beek, Marissa Beaumier, Jenna Hawley, Grace Rustico
Middle Row: Ellie Hutchins, Madelyn Searles, Grace Rajpold, Grace Gile, Talya Weiss, Anna Maccarini, Ava Gile, Sophia Chmura, Emma Gosselin
Bottom Row: Olivia McAdoo, Caroline Peteros, Sophia Baughn, Sophia Sares (Capt.), Natalie Merrick, Molly Haller (Capt.), Grace Howard, Daniela Dinoia
Not pictured: Tess Denault

Captains/Seniors

Molly Haller & Sophia Sares

"IT'S NOT THE DESTINATION, IT'S THE JOURNEY."

-RALPH WALDO EMERSON: GIVE ALL TO LOVE



Golf

Varsity

Top Row: Coach John Courtney, Sean O'Neill, Camden Erickson, Derek Helberg, Declan Baxter, Sam Merrigan, Jon Vanlderstine
Bottom Row: Jack Woodward, Aidan Asher, William Harju
Not Pictured: Dominic Burack, Kate Markowski

Junior Varsity

Top Row: Lucas Mantoni, Carson LePage, Declan Dulchinos, Colin Mackechnie, Coach Marc Maccarini
Bottom Row: Michael Mendrala, Nathan LaFlamme, Noah Roy, Chace Allan, Cody Robb

Seniors

"IT'S ALL IN THE HIPS." -HAPPY GILMORE

Jack Woodward, Aidan Asher, & William Harju
Not Pictured: Kate Markowski

Wrestling

Top Row: Coach Rob Johnson, Coach Joe Ferrero, Cole Johnson (Capt.), Gabriel Saavedra, Nicholas Borjas, Eralyn Figueroa, Christian Harding, Coach Ethan Johnson, Coach Chad Roberts, Coach Kevin Lennon
Middle Row: Joshua Reilly, Dan Magiera (Capt.), Keith Slate, Nico Scibelli, Alexandria Callahan, Elysabeth Marie Rondon, Bladen Bachard
Bottom Row: Noah Rushford, Luke Goodchild, Matt Ferrero, Gabriel Roman, Dylan Grasso, Aleksey Lisovets

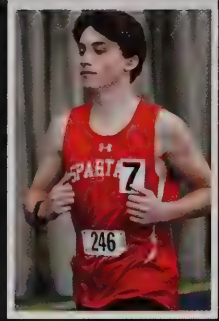
Captains

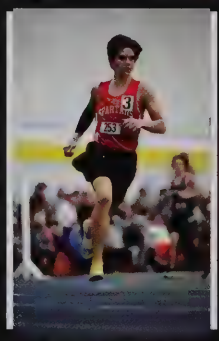
Cole Johnson & Dan Magiera

Seniors

Luke Goodchild, Gabriel Roman, Dylan Grasso, Joshua Reilly, Daniel Magiera, & Gabriel Saavedra

"IT AIN'T ABOUT HOW HARD YOU HIT. IT'S ABOUT HOW HARD YOU GET HIT AND KEEP MOVING FORWARD." -ROCKY





Boys Indoor

Top Row: Sergio Ospino, Jack Langan, Connor Knee, Jack Williamson, Joshua Kirchner, Lucas Kotomski, Andrew Violette
Middle Row: Ben Cangemi, Hayden Beecher, Nicholas Bradley, Gabriel Allsop, Colby Law, Caleb Reilly, Shane Smith, Benjamin Martin, John Burns, Mateo Tapia Delgado, Porter Carroll, Dominick Gamelli, Vincent Luu
Bottom Row: Jameson Beecher, Nolan James Moore, Charlie Klatka, Cole Berthiaume, Malin Gitau, Jakob Robidoux, Jaden Lage

Seniors

Top Row: Benjamin Martin, Ben Cangemi, Andrew Violette, Joshua Kirchner
Bottom Row: Sergio Ospino, Nicholas Bradley, & Gabriel Allsop

"DON'T EVER CALL ME DOLL" -LOLA BUNNY, SPACE JAM

Track Girls

Top Row: Drucilla Wamala, Morgan Polite, Emily Baker, Samantha Edwards, Ella Jarzabski, Hailey McCauley, Jamaica Miller, Emma Doyle, Grace Jarzabski, Greta Langan
Middle Row: Caitlin Card, Sanai Thompson, Audrey O'Neill, Amelia Czudec, Destinee Fox, Nevaeh Afonso, Alexis Oliveri, Gianna Byron,
Bottom Row: Emmanuela Anwuzia, Grace Wesonga, Ashley Kahi, Julieann Voight (Capt.), Alisha Ramesh (Capt.), Abigael Davis (Capt.), Lauren Condike, Julia Boucher, Ellie Mara

Captains

Julieann Voight, Alisha Ramesh, & Abigael Davis

Seniors

Emmanuela Anwuzia, Grace Wesonga, Ashley Kahi, Julieann Voight, Alisha Ramesh, Abigael Davis, Lauren Condike, Julia Boucher, & Ellie Mara

"RUN, RUN, AS FAST AS YOU CAN. YOU CAN'T CATCH ME- I'M THE GINGERBREAD MAN!" -SHREK

Boys Swimming

Top Row: Daniel Kirchner, George MacPhail, Thomas Fitzgerald (Capt.), Nicholas Carlone (Capt.), Tyler Zalewski, Jacob Schmidt
Bottom Row: Thomas Carlone, Vance Valenta, Luca Iacobucci, Jeffrey Carlone, Benjamin Zhao

Captains

Thomas Fitzgerald &
Nicholas Carlone

Seniors

George MacPhail &
Nicholas Carlone

**"WHEN LIFE GETS YOU DOWN, YOU KNOW WHAT YOU GOTTA DO?
JUST KEEP SWIMMING."**

And Diving Girls

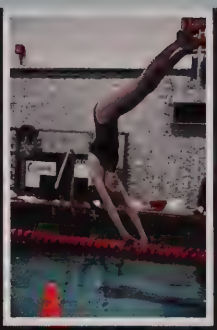
Top Row: Emily Harris, Allyson Voight (Capt.), Lara Chebotarev (Capt.), Eliza Iacobucci, Isabella Giard
Middle Row: Quynh-Anh Nguyen, Makayla LaChapelle, Ellery Pelletier, Emerson Pelletier, Nhi Nguyen, Ellie Hutchins, Averi Stebbins
Bottom Row: Eleanor Garceau, Abigael Reyor, Sophie Pena, Lily Gurung, Lauren Holmes

Captains

Lara Chebotarev & Allyson Voight

Seniors

Top Row: Emily Harris, Isabella Giard, Eliza Iacobucci
Bottom Row: Lara Chebotarev & Allyson Voight



-FINDING NEMO

Boys Hockey

Top Row: Joseph Kane, Giuseppe Lee, Camden Erickson, Keller Reid, Jack Forsyth, Francisco De LaFor, Chad O'Brien, Coach Dan Reid, Tommy Kakley, Carson LePage, Christopher Sherwood, Aiden Fisher, Mason Grasso, Micheal Picard, Alek Narreau
Bottom Row: Colin Sherwood, Michael Mendrala, Joe Mazza, Tedy Kuhn, Aidan Asher, Braedin Dobek, Cody Shaw, Owen Reid, Patrick McGillicuddy

Captains

Tedy Kuhn, Aidan Asher and Braedin Dobek

Seniors

Jack Forsyth, Chad O'Brien, Colin Sherwood, Aidan Asher, Braedin Dobek, Tedy Kuhn and Chris Sherwood

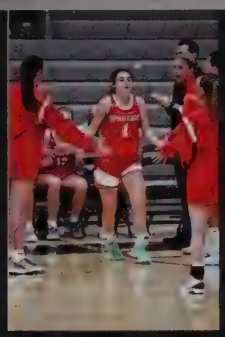
"HARD WORK BEATS TALENT WHEN TALENT DOESN'T WORK HARD"

Girls Hockey

Victoria Mazzaferro, Graciella Coughlin, Jane Pelletier, Gianna Naglieri, Keelan O'Shea and Kelli Weinberg

"GREAT MOMENTS...ARE BORN FROM GREAT OPPORTUNITY"

-MIRACLE



Girls Basketball

Varsity

Top Row: Victoria Carrano, Aleigh Thompson, Jillian Stevens, Katie Knowe, Carolyn Harju, Grace Moltenbrey
Bottom Row: Kennady Marino, Emma Gosselin (Capt.), Lorraine Cloutier (Capt.), Talya Weiss (Capt.), Grace Moore

Captains

Emma Gosselin, Lorraine Cloutier & Talya Weiss

Senior

Lorraine Cloutier

"GETCHA HEAD IN THE GAME"

Junior Varsity

Top Row: Emerson Vigneux, Jenna Hawley, Nina Pandolfi, Chloe Roumeliotis, Ashley Beek, Grace Rajpold, Gabriella D'Ascoli
Bottom Row: Sabina Mackechnie, Amaya Carrion, Tess Denault, Eve Butler, Brielle Clark, Anna Kulenok

Freshmen

Top Row: Charlotte Poole, Mary DeVoie, Isabel Wallace, Lindsey Rivers, Anna Martin
Bottom Row: Hannah Eddy, Avery Morgado, Mia Paschetto, Anna Flanagan, Jessica Kane

- HIGH SCHOOL MUSICAL

Boys Basketball

Varsity

Top Row: Dylan Brown, William DeVoie, Michael Ferrero, Nolan Garstka, William Doyle, Michael Sadowski
Middle Row: Torin Luke, Dominic Rodriguez , Drew Knowles, Jayden Gray
Bottom Row: Samir Khan (Capt.), Conner Robidoux (Capt.)

Captains

Conner Robidoux & Samir Khan

Seniors

Conner Robidoux & Michael Sadowski

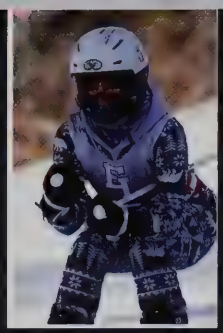
"TOTO, I'VE GOT A FEELING WE'RE NOT IN KANSAS ANYMORE"
- THE WIZARD OF OZ

Junior Varsity

Top Row: William Delaney, John Parker, Chase Foster, Sean Krol, Vonnie Johnson IV, Sarim Khan
Bottom Row: Anthony Pandolfi, Gavin Goncalves, Jack Fitzgerald, Jack Serafini, Coleman Rivera

Freshmen

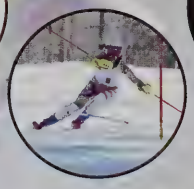
Top Row: Robert Sheehan IV, James Smith, Landon Pratte, Lincoln Gaboury
Bottom Row: Ryan Czerniak, Jayden Sinn, Tavion Rehbein, Noah Roy
Not Pictured: Cameron Liquore, Michael Kogan

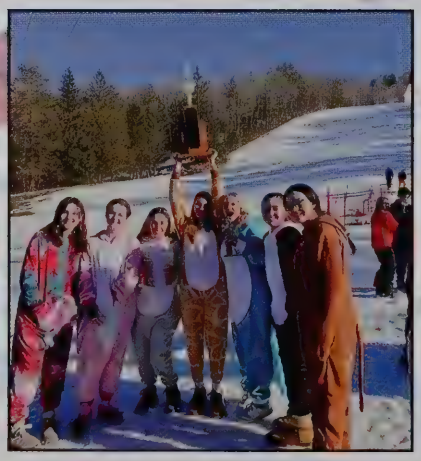


Ski Team

Top Row: Coach Eric Ottoson, Brittney Hrdlicka, Grace Gile, Ava Gile, Madelyn Smith, Lila Bond, Cypress Conroy-Monteith, Eva La Flamme, Coach Marcy Ottoson

Bottom Row: Anna French, Brianna Ottoson, Emma Stevens, Maggie Stevens





"SOME GIRLS CHASE BOYS, WE PASS THEM "

Softball

Varsity

Top Row: Madison Ryan, Amaya Carrion, Mckenzie Ryan (Capt.), Sophia Sares (Capt.), Grace Rustico, Eve Butler, Isabella Capua
Bottom Row: Keelan O'Shea, Reilly McCauley, Sophia Baughn, Lorraine Cloutier (Capt.), Anna French, Roshna Bush

Junior Varsity

Top Row: Kelli Weinberg, Saphyra Jean-Michael, Angelina Leone, Aiyhannah Browne
Middle Row: Roshika Bush, Keeley White, Savianna Amore
Bottom Row: Madelyn Shorrock, Eva LaFlamme, Olivia Phillips, Rosha Bush

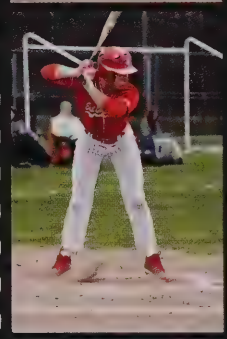
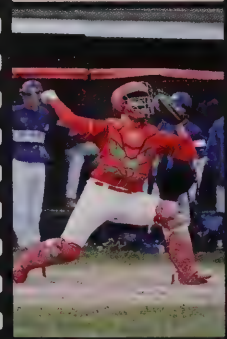
Captains

Lorraine Cloutier, Sophia Sares, Mckenzie Ryan

"A TEAM ISN'T A BUNCH OF KIDS OUT TO WIN. A TEAM IS SOMETHING YOU BELONG TO, SOMETHING YOU HAVE TO EARN."
-MIGHTY DUCKS

Seniors

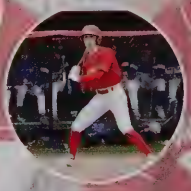
Lorraine Cloutier, Isabella Capua, Sophia Sares, Roshna Bush

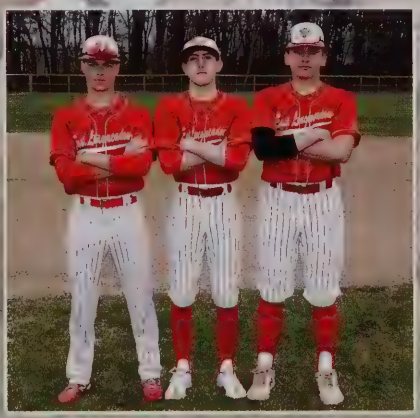
Baseball

Varsity

Top Row: Conner Robidoux (Capt.), Sean Krol, Jack Woodward (Capt.), Derek Helberg, Devan Lamothe, Matthew Griffin, Cade Boydston
Bottom Row: Braedin Dobek (Capt.), Dominic Burack, Isaiah King, Andrew Garstka, Dylan Grasso, Christan Harding, Connor Donovan



Captains



Braedin Dobek, Conner Robidoux, and Jack Woodward

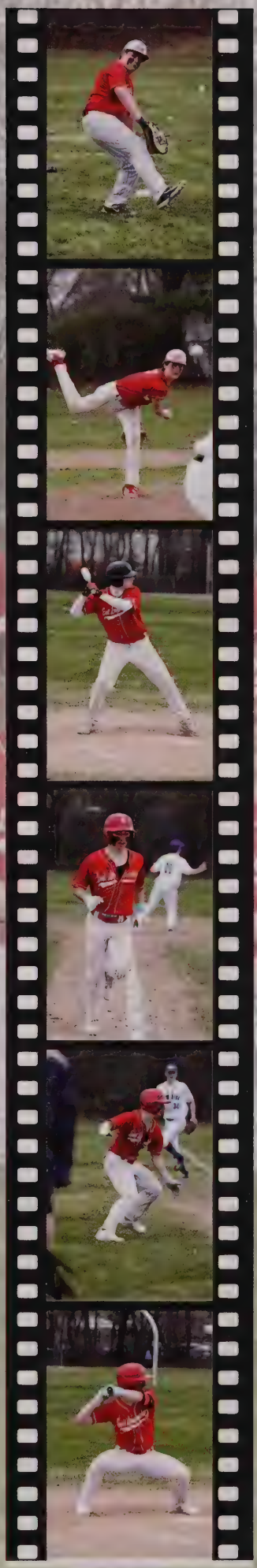
Seniors

Top Row: Braedin Dobek, Devan Lamothe, Jack Woodward, Cade Boydston
Bottom Row: Dylan Grasso, Conner Robidoux, Isaiah King, Connor Donovan

"WHAT'S YOUR BIGGEST FEAR? A BASEBALL BEING HIT IN MY GENERAL DIRECTION" -MONEYBALL

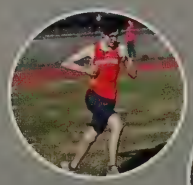
Junior Varsity

Top Row: Dylan Longo, Mason Grasso, Ollie Klatka, Braeden Bousquet, Max Carlin, Jacob Maurer
Bottom Row: Chace Allan, Nicholas Rocca, Lucas LaChapelle, Colin Maruca, Gavin Chmura, Matthew Cloutier, Christan Schuhlen



Boys Outdoor Track

Top Row: Coach Sharon, Vonnie Johnson, Michael Mazza, Collin Guay, Daniel Nkalubo, Jameson Beecher, Eastwood Twum-Barima, Mateo Tapia Delgado, Vincent Borello, Malin Gitau, Colin Mackechnie, John Burns, Nolan Moore, Samuel Wychowski, Levi Albert, James Parker, Charles Klatka, John Rucci, Vincent Luu, Coach Gerry
Middle Row: Luca Iacobucci, Jacob Schmidt, Aiden Allsop, Jacob Focosi, Hayden Beecher, Jack Williamson, Benjamin Biggins, Jack Merrigan, Nicholas Bradley, Caleb Reilly, Connor Knee, John Parker, Sergio Ospino
Bottom Row: Tyler Dudley, Gabriel Allsop, Anthony Bearse-Medina, Joshua Kirchner, Andrew Violette, Nicholas Carlone, Ben Cangemi, Benjamin Martin, Joseph Ferrero
Not pictured: Preston Longo, Gabriel Saavedra, Harrison Peteros, Jadon Brown



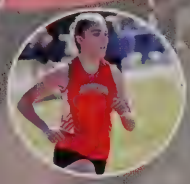
Seniors

Gabriel Allsop, Joshua Kirchner, Anthony Bearse-Medina, Jack Williamson, Andrew Violette, Ben Cangemi, Joseph Ferrero, Jack Merrigan Sergio Ospino, Nicholas Bradley, Nicholas Carlone, Benjamin Martin, Benjamin Biggins, Tyler Dudley
Not pictured: Gabriel Saavedra

"THERE IS NO TOMORROW!" -ROCKY III

And Field Girls

Top Row: Coach Carr, Rebecca Pelletier, Jessica Dimichele, Sanai Thompson, Brielle Clark, Alexis Oliveri, Caitlin Card, Bella Gracien, Chloe Roumeliotis, Coach Budd, Lindsey Rivers, Lauren Holmes, Brittney Hrdlicka, Eleanor Garceau, Jessica Kane, Oluwafunmilayo Coates, Destinee Fox, Coach Sharon
Second Row: Ellery Pelletier, Mckayla Negron-Maturo, Grace Gile, Morgan Polite, Drucilla Wamala, Jamaica Miller, Aviv Johnson, Nina Pandolfi, Grace Jarzabski
Third Row: Karissa Coppolo, Sophie Bouchard, Ava Gile, Ashley Violette, Samantha Edwards, Ella Jarzabski, Emily Baker, Nevaeh Afonso, Natalie Merrick, Madeline Lunsford, Emma Doyle, Graciella Coughlin
Bottom Row: Addison Rushford, Emmanuela Anwuzia, Lauren Condike, Alisha Ramesh (Capt), Abigael Davis (Capt), Julieann Voight (Capt), Julia Boucher, Grace Wesonga, Gloria Wesonga, Audrey O'Neill, Amelia Czudec
Not pictured: Ashley Kahi, Lilah Cushman, Grace Moltenbrey



Captains

Abigael Davis, Julieann Voight, Alisha Ramesh

Seniors

Alisha Ramesh, Emmanuela Anwuzia, Lauren Condike, Abigael Davis, Julieann Voight, Grace Wesonga, Julia Boucher
Not pictured: Ashley Kahi

"RUN, FORREST, RUN!" -FORREST GUMP

Boys Ten

Top Row: Samuel Sares, William Beagle, Andrew Lonczak, Colin Moran, Jack Serafini, Francesco Mancuso
Middle Row: Declan Dulchinos, Filip Czudec, Francisco De La Flor Santaella, Michael Lonczak, Luke Lonczak, Ryan Chen
Bottom Row: Jack Langan (Capt.), Lukas deBlok (Capt.)
Not pictured: Benjamin Luu (Capt.)

Captains

Lukas deBlok, Jack Langan, Benjamin Luu

Seniors

Lukas deBlok, Benjamin Luu

"IT'S LIKE BANGING A TENNIS BALL AGAINST A BRICK WALL, WHICH CAN BE FUN. IT CAN BE FUN BUT IT'S NOT A GAME...WHAT YOU WANT IS A PARTNER TO RETURN THE BALL."
-AMERICAN PIE

nis

Girls

Top Row: Li Wang,Quynh-Anh Nguyen, Sage Lu, Natalie Dimichele, Sophie Doyle, Audrey Donahue, Madelyn Smith, Samia Awan, Sara Kulla, Maliha Awan
Middle Row: Basmalh Azzawi, Savannah Meyer, Jamie Bellerose, Mikayla DeFlorio, Ashlee Stanek, Greta Langan, Olivia McAdoo, Maiza Abid
Bottom Row: Summar Ottoson, Mandolyn Harris (Capt.), Marthe Diguet-Cadieu, Keeley Kaye (Capt.), Olivia Sweeny (Capt.), Eleanor Mar

Captains

Mandolyn Harris, Keeley Kaye, Olivia Sweeny

Seniors

Marthe Diguet-Cadieu, Eleanor Mara, Summar Ottoson, Mandolyn Harris, Keeley Kaye, Olivia Sweeney

"IT'S SUPPOSED TO BE HARD. IF IT WASN'T HARD, EVERYONE WOULD DO IT. THE HARD IS WHAT MAKES IT GREAT." -A LEAGUE OF THEIR OWN

Boys Lacrosse

Varsity

Top Row: Chad O'Brien, Nolan Moore, Declan Baxter, Liam Barry, Jack Forsyth, Michael Picard, Keller Reid
Middle Row: Porter Carroll, Giuseppe Lee, Corrighan Barry, Jacob Miller, James Aiello, Jakob Robidoux, Zachary Sares
Bottom Row: Dominick Gamelli, Colin Sherwood, Nicholas Ferguson(Capt.), Andrew Nolan (Capt.), Michael Monroe (Capt.), Shane Becker and Luke Miller
Not Pictured: Robert Cunningham and Cole Johnson

Captains

Andrew Nolan, Nicholas Ferguson and Michael Monroe

Seniors

Top Row: Colin Sherwood, Nicholas Ferguson, Andrew Nolan, Jack Forsyth, Liam Barry, Nolan Moore
Bottom Row: James Aiello, Michael Monroe, Chad O'Brien

"DO OR DO NOT. THERE IS NO TRY"
-THE EMPIRE STRIKES BACK

Junior Varsity

Top Row: Nathan LaFlamme, Lucas Mantoni, Tommy Kakley, Cole Davis, Lincoln Gaboury
Bottom Row: Michael Kogan, Cody Shaw, Sean O'Neill, David Monroe
Not Pictured: Marco Santos, Dylan Linehan, Dominic Carando, James Smith

Girls Lacrosse

Varsity

Top Row: Hannah Taft, Jenna Hawley, Aleigh Thompson (Capt.), Brigid Jordan (Capt.), Megan Morneau (Capt.), Talya Weiss, Anna Maccarini.
Middle Row: Angelina Truoiolo, Ashley Beek, Adelaide Jordan, Grace Rajpold, Tess Denault.
Bottom Row: Gabriella Illingsworth, Sabina Mackechnie, Caroline Lukasik, Mianna Calabrese, Grace Howard, Kennady Marino.

Captains

Aleigh Thompson, Brigid Jordan, Megan Morneau

Senior

Brigid Jordan

"THIS IS YOUR TIME. NOW GO OUT THERE AND TAKE IT." -MIRACLE

Junior Varsity

Top Row: Jane Pelletier, Daniela Dinoia, Gabriella D'Ascoli, Charlotte Poole.
Middle Row: Emily Moriarty, Brianna Ottoson, Isabella Morgado, Ava Moltenbrey.
Bottom Row: Mary DeVoie, Gianna Bryon, Mia Paschetto, Avery Morgado, Sophia Chmura, Hannah Eddy.

Boys Volleyball

Varsity

Top Row:Kayden Van (Capt.), Luke Goodchild, Frank Capaccio, Bao-Huy Trinh, Benjamin Mannheim, Eric Wing
Bottom Row: Caleb Yeager, Sang Nguyen, Robert Zemba, Tan Truong, Jaden Mai
Not Pictured: Tyler Zalewski, Patrick McGillicuddy

Captain

Kayden Van

Seniors

Top Row: Kayden Van, Frank Capaccio, Bao-Huy Trinh
Bottom Row: Luke Goodchild, Tan Truong, Sang Nguyen

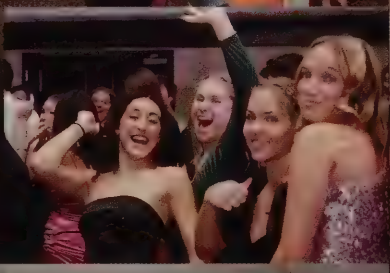
"CARPE DIEM, SEIZE THE DAY BOYS, MAKE YOUR LIVES EXTRAORDINARY."

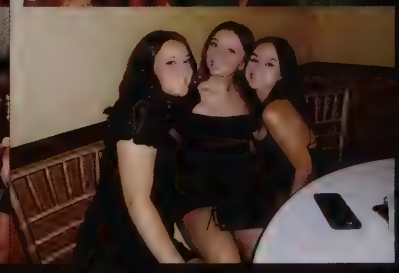
Junior Varsity

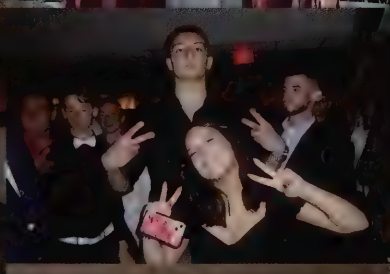
Top Row: Khan Truong, Cameron Loranger, Brodie Truong, Cole Berthiaume, Nathan Chisholm, Gabriel Martin
Bottom Row: Kellen Gasperini, Christian Bui, Tavion Rehbein, Jayden Sinn, Kayson Szczepanek, Jordan Odour, Vincent Van

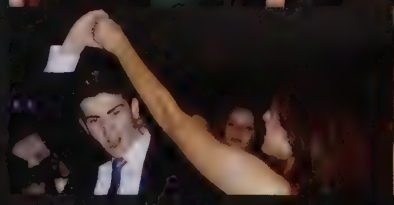
-DEAD POETS SOCIETY

JUNIOR & SENIOR SEMI 2023









SENIOR BANQUET

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